



International Workers & Amateurs in Sports Confederation

Confédération Sportive Internationale Travailleuse & Amateur

Technical Commission Commission Technique INDOOR VOLLEYBALL

English Version / Version Anglaise

Chairman: vacancy

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- This regulation refers to the CSIT Championships and Technical Commissions (TC) General Regulations adopted at the latest CSIT Congress.
It cannot derogate from these regulations.
- CSIT organises amateur championships and has Fair Play as one of its most important aims. CSIT Championships are strictly open for amateur sportsmen. To participate in CSIT Championships the defined eligibility criteria per sport must be respected.
- All activities of the CSIT, including its championships are open to the members of the CSIT Unions, observer members Unions and members of the international Confederations which CSIT has signed cooperation agreements according to CSIT general regulations: COPADET (American Continent) / BAWA (Balkan region) and ALSO (Central Africa); also non CSIT members and company sports teams can participate in the CSIT Championships and World Sport Games.
- CSIT Championships are organised under the principal of a Zero Tolerance Policy. Not playing for political, religious or discriminatory reason will lead to an immediately exclusion of the team/athlete.
- CSIT Championships are under the regulations of WADA. It is possible athletes can be invited for doping test. More information can be found in the CSIT anti-doping policy which can be downloaded at the CSIT website: <http://www.csit.tv/en/news-service/download-area>
- CSIT Sporting activities (championships, training, tournaments, rallies, etc.) are organised under the responsibility of Technical Commissions by sport. If there is a problem not provided in the regulations, the TC will apply the **FIVB** rules for indoor Volleyball.
- CSIT Championships and Technical Commissions' general regulations and sports regulations can be downloaded from the download area of the CSIT website: <http://www.csit.tv/en/news-service/download-area>



1. VOLLEYBALL CHAMPIONSHIPS

1-1 OPEN CATEGORIES/AGE CATEGORIES

CSIT Indoor Volleyball Championship are collected in OPEN (none age limit) and AGE GROUPS (with under or over age limits):

OPEN CATEGORIES

- **OPEN SENIOR MEN** 18 till 40 years
- **OPEN SENIOR WOMEN** 18 till 35 years
- **OPEN MIXED** 18 till 40 years

AGE CATEGORIES

- **JUNIOR MEN:** up to 18 years
- **JUNIOR WOMEN:** up to 18 years
- **MASTERS MEN:** 40 years and older
- **MASTERS WOMEN:** 35 years and older
- **ULTRA MASTERS MEN:** 50 years and older
- **ULTRA MASTERS WOMEN:** 50 years and older
- **OPEN MIXED OVER:** 40 years and older

Age categories are defined on the year of birth

A CSIT Championship is an official Championship when the minimum requirements of participation are respected (see TC & Championships General Regulation - Chapter 4 under M) . In each gender , there must be a minimum of 4 participating parties : at least 4 member Unions or at least 3 member Unions and 1 non member Union

At least four (4) member-Unions must participate in a CSIT Championship. In case of less than four (4) participating parties, the Championship can take place but without being published as an official CSIT classification. (see TC & Championships General Regulation - Chapter 4 under F sub 4)



Standard program:

Day 1:

- Arrival of delegations
- Training for teams
- Seminar for referees

Day 2:

- Training for teams
- 1st meeting of the Technical Commission (organisational meeting)
- Beginning of the Championship

Day 3:

- Championship

Day 4:

- Championship

Day 5:

- Championship : Finals
- 2nd meeting of the Technical Commission (evaluating meeting)

Day 6:

- Departure of delegations



1-2 ORGANISATION/REGULATIONS

During championships each team will play at least 4 games; each team will not play more than 2 games per day in the format 3 out of 5 sets, or 3 games in a day in the format 2 out of 3 sets.

No team would play 2 consecutive games without an interval of at least 2 hours between the end and the start of the matches.

1-3 COMPETITION FORMULA

With 4 or 5 participating teams, the competition will take place in a format with 2 phases:

- 1st phase with Italian round robin formula (6 or 10 matches);
- 2nd phase with semi-finals (between first 4th classified teams after 1st phase) and finals (1st -2nd place, 3rd – 4th place).

With 6 or more teams participating, the competition will take place in the formula to be decided by the Technical Commission.

Indicatively there will be:

- preliminary round with pools;
- single elimination bracket (including semi-finals);
- classification matches (including finals).

1-4 FORMAT OF MATCHES

Depending of the formula of the competition, the Technical Commission decides the format of matches: the best 3 out of 5 sets or the best 2 out of 3 sets. Semi-finals and finals are necessarily played in the best 3 out of 5 sets format.

1-5 COMPOSITION OF POOLS

The Technical Commission establishes by drawing of lots the composition of pools of the preliminary round, taking in count (if possible) two criteria:

- classification of the last Single Championship;
- separation of the teams of the same Union.

A pool can be composed of 3 or 4 teams.

The formula of the pool should be:

- Pool with 3 teams: Italian Round Robin (total of 3 matches);
- Pools with 4 teams: Swiss System [team A vs. team D, team B vs. team C; the winners (and the losers) against in the last 2 matches (total of 4 matches)].



1-6 TEAM RANKING SYSTEM

In order to establish the ranking of the teams, the following criteria are implemented in order of priority:

1°) Number of victories :

By the number of victories (matches won, matches lost) among all the teams.

2°) Number of points :

When 2 teams have the same number of victories, they will be classified in descending order by the points gained by each team per match as follows :

3 of 5 sets match formula

- Match won 3-0 or 3-1: **3 points**
- Match won 3-2: **2 points**
- Match lost 2-3. **1 point**
- Match lost 1-3 or 0-3: **0 points**

2 of 3 sets match formula

- Match won 2-0: **3 points**
- Match won 2-1: **2 points**
- Match lost 1-2. **1 point**
- Match lost 0-2: **0 points**

3°) Set quotient

If two teams are tied by the number of points gained, they will be classified in descending order by the quotient resulting of the division of all sets won by the total of all sets lost during all matches.

4°) Points quotient

If the tie persists based on the set quotient, the teams will be classified in descending order by the quotient resulting of the division of all points scored by the total of all points lost during all sets.

5°) Green cards

If the tie continues to persist, the teams will be classified according to the most important number of green cards received during all the matches of the pool.

6°) Toss

If the tie continues to persist, the teams will be classified by toss.



1.7 BALLS

If there are no sponsored balls provided by CSIT, balls must be provided by the host Union for official matches, warm up and training .

There must be at least 14 balls on each playing court.

The balls have to be CSIT approved .

The actual official ball are: **MIKASA V200W** and **MOLTEN V5M5000**.

Any other model or brand has to be approved and accepted by the TC Volleyball.

1.8 ORGANIZING DIRECTOR AND HEAD REFEREE

The host Union shall take charge of the presence of a Organizing Director and a Head Referee during the championships.

1.9 MEDICAL ASSISTANCE

The host Union shall take charge of the presence of an adequate medical assistance, first aid box and ice in every playing hall .

1.10 RULES OF THE GAME

The Championships will be played according to the current **FIVB** official rules for Volleyball available on www.fivb.com :

https://www.fivb.com/-/media/2022/cooperate/volleyball/rules%202021-2024/fivb-volleyball_rules2021_2024-en-v01e.pdf

1.11 OPEN MIXED SPECIFIC RULES

The following specific rules for Open Mixed will be applied :

1. Team composition : there must be always a minimum of 3 female players and a minimum of 1 male player on the court.
2. Team 's line up : the line-up of a team must respect in each moment of a set the mandatory to have less than 3 men in the front row (positions 2/3/4)
3. Libero : according to the gender, a female libero can only substitute a female regular player, a male libero can only substitute a male regular player.
4. Substitutions : not taking in count the gender (a female player can substitute a female or a male player, a male player can substitute a male or a female player)
5. Height of the net : 2m 35cm



2. PARTICIPATION CONDITIONS

2-1 PARTICIPATING TEAMS

- More than one team, in each category, can participate per Union .

2-2 MAXIMUM PARTICIPANTS

Each team shall not have more than 19 members :

- 14 players (including 2 libero players)
- 1 or 2 coaches
- 1 or 2 referees
- 1 team manager / head of the official Union delegation

2-3 ELIGIBILITY CRITERIA

Volleyball professional players cannot participate in the official indoor volleyball championships (promotional championships are excluded from this criteria). Athletes who participated during the last **2** years by representing their national country in the Olympic Games or a competition organized by the **FIVB** (Nations League, World Championships and its qualifying tournaments), or a competition organized by the **CEV** (Europe), the **AVC** (Asia & Oceania), the **CAVB** (Africa), the **CSV** (South America), the **NORCECA** (North and Central America), cannot participate in the CSIT competitions as players.

In case of an unclear status the participating Union has to clarify this status by sending all relevant information to the TC Volleyball before at least 2 weeks before the Single Championship or World Sport Games. It is to decide by the TC chairman and secretary for indoor Volleyball if the eligibility criteria are valid or not before sending the player(s) to the CSIT Single Championships or World Sport Games.

It's a duty of the Union certified the correspondence of the eligibility criteria of his players.

3 FAIR PLAY

CSIT championships are organised according the principals of Fair Play. During CSIT Championships athletes, persons and teams can be awarded for acts of Fair Play.

Fair Play regulations can be found in the CSIT Technical Commissions and Championships General Regulations edition 2023 and later, Chapter 6.



4. REGISTRATION / FUNDING

4-1 REGISTRATION DELAY

- Provisional registration: at least four (4) months before the championship starts.
- Final registration: at least two (2) months before the championship starts.
- Final registration must include the list of all delegation members (first name - last name - birth date – gender (*) - function)

4-2 COVERING CHARGES

Unions pay for all travelling cost to the city where the championship is organised (round way).

The organizer Union shall take charge of the following issues:

- Transportation of delegations from the airport or train station to the hotel on the day of arrival and departure;
- Local transportation during the stay depending on the program (between hotels and sport facilities in particular);
- Full board accommodation (e.g. double room, breakfast, 2 meals a day).

Every participant Union shall pay a registration fee as determined at the latest CSIT Congress to the organising Union for each member of the delegation.

4-3 CANCELLATION POLICY

CSIT has a cancellation policy. This cancellation policy covers the payments at preliminary and final registration and the refund payments by cancellation of a participating party or by the host of the championship.

The article in detail can be found in Chapter 4. under K of the Technical Commissions and Championships

() is not a mandatory for promotional volleyball championships*



5. ORGANISATION / PREPARATION

5-1 ORGANISING COMMITTEE

The Organising Committee by the host is in charge of the preparation and organisation of the championship. The CSIT Technical Commission and a representative of the Organising Committee are in charge of the management of the championship during its duration. The Organising Committee shall provide a Director of the Competition and a Head Referee. (See Chapter 4 under G of the Technical Commissions and Championships General Regulations.)

5-2 INVITATIONS

The Organising Committee sends championships invitations to every CSIT Union (and partners), company sports organisations and guests etc. at least nine (9) months before the start of the championship.

Invitations must include this information:

- Participation
- Sporting activities, social and cultural program
- Referees needed
- Boarding facilities
- Arrival and departure accommodations
- General program.

Detailed information can be found in Chapter 4 under F of the Technical Commissions and Championships General Regulations.

5-3 PREPARATION

Depending on the situation and with the CSIT Sports Director's authorization, a member of the Technical Commission (chairman or secretary) can visit the location where the championship is organised, at least three (3) months before it starts, to settle with the organising Union planning and preparation of the championship. Travelling expense can be covered under certain conditions by the funds awarded to the VOLLEYBALL Technical Commission by the CSIT.

5-4 OFFICIAL RESULTS AND REPORTS

The Secretary of the Volleyball Technical Commission is in charge of sending the results and reports to the Sport Directors and the CSIT Office:

Specific deadline for sending in these documents can be found in the CSIT TC and Championships General Regulations in Chapter 3 under D sub 6 and under H sub 2



6. REFEREEING

Referees are registered by the Unions: each Union can provide one or two referee/s per participating team.

Only qualified and officially registered referees shall be admitted to officiate the matches (TC and Championship General Regulations – Chapter 5, Section C,).

Referees must be official referees of their own Union on national or international level. If necessary, a Union can contact referees from its country National Federation or from the FIVB.

The referees are not allowed to assume another position within their own delegation.

The Technical Commission decides of the refereeing conditions according to the discipline needs based on **FIVB** regulations.

The Organizing Committee shall provide the officials (line judges, score table judges) and necessary operating materials for referees and officials (PC or laptop, printer, video monitor, flags).

A meeting of the referees and the officials will be held before the beginning of the championship and, if possible, every day of competition before the start of matches.

6-1 REFEREEING COMMITTEE

The Refereeing Committee is composed of:

- The CSIT Technical Commission Chairman (or CSIT Delegate);
- The CSIT Technical Commission Secretary (or CSIT Delegate);
- A referee drawn by lots among referees of participating Unions;
- The Head Referee or a person responsible for appointing referees (for secretariat purposes).

The Refereeing Committee duties are:

- Checking the technical status of referees and their Unions card;
- Technical assessment on the floor;
- Appointment of referees for matches.



7. APPEAL COMMITTEE

The Appeal Committee is composed of:

- The CSIT Technical Commission's Chairman (or CSIT Delegate);
- The CSIT Technical Commission's Secretary (or CSIT Delegate);
- The Organizing Director of the competition;
- A person among the participating Unions. Such member shall not participate in the appeals in which his own Union would be involved.

An appeal committee is appointed for every championship in agreement with CSIT regulations.

- Appeals for technical reasons must be brought to the attention on the appeal committee no later than half an hour after the incident, providing all the necessary information.

Detailed information can be found in Chapter 5 under D of the Technical Commissions and Championships General Regulations.

8. AWARDS

The teams classified from the 1st to the 3rd position will be awarded with gold, silver and bronze medals (for players and coaches, maximum 16 medals per team)

Each winner team of a Championship (WSG Champion or Single Championship Champion) will be awarded with a cup or trophy.

Detailed information can be found in Chapter 5 under F of the Technical Commissions and Championships General Regulations.



9. TECHNICAL COMMISSION MEETINGS

The Technical Commission chairman or secretary is in charge of convening a meeting of the commission before and at the end of the championship. A summon containing the date and agenda will be sent to all Unions at least three (3) months ahead of schedule.

The TC chairman, the TC secretary, Unions' head of delegation, the Organizing Director of the competition must participate to the meetings.

Head Referee, referees, coaches of participating Unions, members of the Organising Committee are invited to attend to the meetings.

- A preparation and information meeting (1st meeting) is organised before the championships under the responsibility of the chairman (or secretary) of the TC to inform all delegations of the planning of the championships, to appoint referees to matches, to bring clarifications to regulations if necessary.
- The purpose of the meeting after the championships (2nd meeting) is to evaluate the championship, to proceed with the modifications of the present regulations (if necessary), to prepare future events (planning of next championships), to take into account the reports on the CSIT congress.



10. PROMOTIONAL VOLLEYBALL CHAMPIONSHIPS

10-1 GREEN VOLLEYBALL

CSIT Green Volleyball is a promotional Championship:
It's played on a grass surface, outdoor.

The following specific rules for Green Volleyball will be applied :

GREEN VOLLEYBALL SPECIFIC RULES

1. Team composition : each team is composed of 4 players on the court.
There is no limit number of the composition of a team.
Each team can be composed of different and mixed genders.
2. Team 's line up : there is a line-up only for service order.
Every player can occupy every position inside the court.
3. Substitutions : free and unlimited number and ways of substitution.
4. Service order : each player (or his/her substitute) must respect the service order determinated at the beginning of the set.
5. Height of the net: 2m 35cm

10-2 BAGHERONE VOLLEYBALL

CSIT Bagherone Volleyball is a promotional Championship:
It's played on a solid or grass surface, indoor or outdoor.

The following specific rules for Bagherone Volleyball will be applied :

BAGHERONE VOLLEYBALL SPECIFIC RULES

1. Tecnique : only the bagher technique is admitted (excepted the service).
2. Playing format : only one hit admitted to return the ball to the opposite court.
3. Team composition : each team is composed of a equal number of players from a minimum of 2 players to a maximum of 6 players on the court (average is 3 players).
There is no limit number of the composition of a team.
Each team can be composed of different and mixed genders.
4. Team 's line up : there is not a line-up.
Every player can occupy every position on the court.
5. Substitutions : free and unlimited number and ways of substitution.
6. Service: jump or top service forbidden.
7. Service order: each player (or his/her substitutes) must respect the service order determinated at the beginning of the set.
8. Height of the net: between 2m 24cm and 2m 43cm.

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