



International Workers & Amateurs in Sports
Confederation

Confédération Sportive Internationale
Travailleuse & Amateur

Technical Commission Aerials

English Version

Chairman: Mr. Paolo Ciavolella
Secretary: pro tempore TC Experts



WORLD AERIAL SPORTS CHAMPIONSHIP REGULATION POLE under POSA AGREEMENT

Edited by Erika Esposito

This regulation may be used for the following specialities:

- Aerial hoop (different shape but on a single two-dimensional plane)
- Aerial silks
- Pole

Other aerial equipment (rope, strap, aerial pole, hammock, square and similar, etc.)

1. DIMENSIONS AND REQUIREMENTS of the STAGE

AERIAL SPORTS

The organization will prepare a ceiling hook with static rope or steel cable and hoist and carabineer, the athlete will be able to choose the height of the equipment considering the last height that will be communicated by the organization according to the specifications of the field in presence.

POLE DANCE

- Distance between poles: 300 cm
- Height of the poles: minimum 400 cm
- Looking the stage from the jury, spin pole must be on the right side and static pole on the left side
- Material of the poles: nickel free stainless steel
- Diameter of the poles: 45 mm

2. ETHICAL CODE ATHLETES, COACHES, TEAMS

The athlete must have the right to:

1. Be judged correctly and impartially and in accordance with the rules stated on the regulation.



2. See evaluation sheets at the end of the competition asking the organization.
3. Verify that the equipment made available are in good condition during the final stage in presence.
4. Use their own personal equipment (Aerial Silk, Aerial Hoop, Trapeze, Rope, Aerial Pole, Aerial Spiral) for special sizes or hygienic reasons. It is allowed to use taping on the equipment. The only ones that cannot be replaced with their own, but must be sanitized by the athlete or his trainer at the beginning of each routine, are static and spin poles which are permanently bounded to the structure
5. Leave the field temporarily for any personal reason, but have to return within 10 minutes from the start of the routine.
6. Have the coach on stage as a spotter in case of a minor.
7. Use protective mattresses for aerial disciplines, the organization will provide mattresses of different sizes and/or tatami.

EQUIPMENT:

1. For hygienic reasons and to avoid dimensions other than those usually used by the athlete, the organization will make available:
 - static and spin poles, diameter 45 mm, minimum height 400 cm, distance between poles 300 cm
2. All the aerial equipment must be carried by the individual athlete, the organization will fix hangers in accordance with EC for fixing and will provide a technician in charge of mounting and disassembly of the aerial equipment.
3. Athletes are allowed right to use magnesium and grip; it is not possible to use pitch on the equipment made available by the organisation

The athlete must:

1. Know the rules and follow them
2. Sanitize the poles before the routine or arrange with the team to clean and sanitize them.
3. Present appropriately to the jury panel at the beginning or the end of the performance
4. Accept jury decisions and the scores
5. Do not talk to officials during the entire duration of the event
6. Do not cause delay of the competition
7. Arrive on time for the routine
8. Refrain from any conduct which is undisciplined, abusive or obstructive to the other participants
9. Respect the spaces of the event, the equipment made available and the volunteers who work there

The coach must:

1. Know the rules and follow them
2. Prepare all the documents required by the organization for check-in in order not to cause delays to the competition.
3. Organize the sanitization of the poles on athletes behalf during the break between one routine and another, coaches and team members can participate in the cleaning and sanitization of the equipment.



4. Take care to deliver the aerial equipment to the technician in charge during the break between one routine and the other without wasting time, prepare the equipment previously in area pre-stage and to guard them with care possibly indicating on every equipment the property, first name of the company.
5. Check and supervise athletes before, during and after their routine
6. Ensure that athletes are ready for their routine and waiting in the pre-stage area at least 2 routines before their turn
7. Accepting jury decisions and the scores
8. Do not talk to officials during the entire duration of the event
9. Check-in for the team in an orderly manner, with all required material divided by athlete
10. Refrain from any conduct which is undisciplined, abusive or obstructive to the other participants
11. Respect the spaces of the event, the equipment made available and the volunteers who work there
12. Avoid unsportsmanlike behaviour and report to the organization any unsportsmanlike behaviour occurred in the field.

The team must:

1. Use the stage field and warm-up area in a polite manner without abandoning waste in the field or smear the warm-up area in respect of the athletes who will use the spaces after
2. Limiting inappropriate and disparaging behavior towards other teams

The organization must:

1. Ensure the safety of athletes present in the stage field and in the warm-up area.
2. Provide a specialist technician to assemble and disassemble equipment brought by athletes or companies.
3. Ensure a lean and fast organization and supervise.
4. Ensure proper communication of procedures before, during and after the event.
5. Listen to and evaluate any complaints received before, during and after the manifestation and possibly investigate any anti-sportive behavior and open an internal investigation if necessary.

3. CATEGORIES

INDIVIDUAL ATHLETES

The categories of individual athletes are divided according to age and competitive skills not based on sex. With a view to inclusion and healthy competition, it was decided to make this regulation "gender free". Sport is for everyone and of everyone without differences related to birth status or genetics.

Below is a mirror for 2022 of the subdivisions by age. The age of the participant is considered according to the year in which the competition is held/year of birth, not according to the date of birth, because the semi-final and final phases are some months apart and the category may vary considering the day of



birth. Those born in the year included in the column will participate in the respective technical category according to their age in that year of participation.

U 9	U 12	U 15	U 18	U 30	U 40	O 40	O 50	O 60
2014	2011	2008	2005	from	from	from	from	from
2015	2012	2009	2006	2004	1992	1982	1972	1962
2016	2013	2010	2007	to	to	to	to	
				1992	1983	1973	1963	

The technical subdivisions shall be as follows:

		JUNIOR	SENIOR
TALENTS	1° Category	U9, U12, U14, U18	U30, U40, O40, O50, O60
	2° Category	U9, U12, U14, U18	U30, U40, O40, O50, O60
AMATEURS	1° Category	U9, U12, U14, U18	U30, U40, O40, O50, O60
	2° Category	U9, U12, U14, U18	U30, U40, O40, O50, O60
EMERGENTS	1° Category	U9, U12, U14, U18	U30, U40, O40, O50, O60
	2° Category	U9, U12, U14, U18	U30, U40, O40, O50, O60

Participants in the second category who rank first in a competition in the previous year must register to the first category in the following year, the winners (1st place) of the first category in the previous year must enroll in the 2nd category of the upper technical section. There are no restrictions related to the teaching of the discipline, not necessarily a teacher must be an athlete or vice versa.

Obviously, the organization expects transparency and sports behavior far from "try to win easily", remember that competitions are born to motivate athletes and not to glorify the coaches.

The names of the 3 main categories describe the athlete's competitive level based on participation in previous competitions, victories and the technical level reached in training. The choice of technical level remains up to the coaches, but the organization is always available to advise the coaches in choosing the right category.



DESCRIPTION OF SINGLE ATHLETE CATEGORIES

TALENTS	1° Category	Athletes with high experience in competitions and/or winners (1st place) of amateur competitions level Semi Pro, Elite, Competitive. Athletes with high technical skills can participate in order to realize complex elements and combine them in a fluid and clean way.
	2° Category	Athletes with a fair experience in competitions and/or winners (1st place) of amateur competitions Advanced Pro level. Athletes with discreet technical skills can participate in order to create complex elements and combine them in a fluid and clean way.
AMATEURS	1° Category	Athletes with a fair experience in competitions and/or winners (1st place) of amateur competitions Advanced level. Can participate athletes of advanced technical level able to realize complex aerial combos.
	2° Category	Athletes with a fair experience in competition and/or winners (1st place) of amateur competitions Intermediate level. Can participate athletes of advanced technical level able to realize complex aerial combos.
EMERGENTS	1° Category	Athletes with minimum experience in competition and/or winners (1st place) of amateur competitions Basic level of similar disciplines. Can participate Intermediate level athletes who begin to approach the first complex air combos.
	2° Category	Athletes at their first experiences in competition or who have never competed and/or won within circuits of similar disciplines. Can participate athletes of basic technical level who have recently started to practice the specialty at competitive level.

If you are not sure what should be your category you can contact the organization and ask for advice. The lists of athletes will be published by the organization of the competition at the closing of entries. Coaches and/or athletes can view the lists and, only in case of proven evidence that an athlete has enrolled in the wrong categories for level and/or skills, can write to the organization presenting the evidence within 3 days from the start of the competition. The organization, after contacting the athlete



concerned, will evaluate together with the jury panel whether to move the athlete in the upper or lower category. The organization may at its discretion evaluate category shifts in the case of athletes known for other competitions, in this case it will communicate to the athlete within 15 days from the date of registration to the race.

IN NO CASE REQUESTS/COMPLAINTS WILL BE CONSIDERED AND ASSESSED AFTER THE 3 DAYS BEFORE THE START OR AFTER THE COMPETITION.

For the emerging categories, the jury may decide to move an athlete to the next category if the skills of the athlete are evidently and technically of the highest level and not amateur. The move occurs as a result of unanimous vote, in this case the athlete will be evaluated and ranked in the category decided by the jury.

In case of regional or semi-final qualification in a category the athlete cannot choose to move to lower or higher categories for the final stage but will have to compete in the same category.

CATEGORIES DOUBLE & GROUPS

It will be possible to compete in doubles or in groups, in this case the categories will not be diversified according to the number of members; therefore, groups composed of 2 people or more will be included in the same ranking.

Differentiation is determined based on race experience and technical skills.

In case at least one of the athletes present in the group has technical skills or high experience in competitions the whole group will have to choose the upper category.

It is recommended to create groups with athletes who have the same skills and experiences so as not to incur in shifts during the competition.

CATEGORIES WILL NOT BE DIVIDED ACCORDING TO AGE AS IN THE INDIVIDUAL They will only be divided by Junior athletes from Senior. In case one or more junior athletes compete with a senior the group will be placed in the senior section.

		JUNIOR	SENIOR
TALENTS	Only one category	Born up to 2005	Born from 2006 on
	Athletes with high experience in competitions and/or winners (1st place) of amateur competitions level Semi Pro, Elite, Competitive. Athletes with high technical skills can participate in order to realize complex elements and combine them in a fluid and clean way.		
AMATEURS	Only one category	Born up to 2005	Born from 2006 on



	Athletes with a fair experience in competitions and/or winners (1st place) of amateur competitions Advanced level. Can participate athletes of advanced technical level able to realize complex aerial combos.		
EMERGENTS	Only one category	Born up to 2005	Born from 2006 on
	Athletes with minimum experience in competition and/or winners (1st place) of amateur competitions Basic level of similar disciplines. Can participate Intermediate level athletes who begin to approach the first complex air combos.		

If you are not sure what should be your category you can contact the organization and ask for advice. The lists of athletes will be published by the organization of the competition at the closing of entries. Coaches and/or athletes can view the lists and, only in case of proven evidence that an athlete has enrolled in the wrong categories for level and/or skills, can write to the organization presenting the evidence within 3 days from the start of the competition. The organization, after contacting the athlete concerned, will evaluate together with the jury panel whether to move the athlete in the upper or lower category. The organization may at its discretion evaluate category shifts in the case of athletes known for other competitions, in this case it will communicate to the athlete within 15 days from the date of registration to the race.

IN NO CASE REQUESTS/COMPLAINTS WILL BE CONSIDERED AND ASSESSED AFTER THE 3 DAYS BEFORE THE START OR AFTER THE COMPETITION.

For the emerging categories, the jury may decide to move an athlete to the next category if the skills of the athlete are evidently and technically of the highest level and not amateur. The move occurs as a result of unanimous vote, in this case the athlete will be evaluated and ranked in the category decided by the jury.

In case of regional or semi-final qualification in a category the athlete cannot choose to move to lower or higher categories for the final stage but will have to compete in the same category.

4. MUSICAL BASE

The duration of the musical base must be included in the parameters defined in the below table and differs for individual athletes, doubles and groups as well as for technical category. It does not differ by age.

INDIVIDUAL ROUTINE			DOUBLES/GROUPS	
TALENTS	1° Category	From 3'30'' to 4'00''	Only one category	From 3'30'' to 4'30''
	2° Category	From 3'00'' to 4'00''		



AMATEURA	1° Category	From 2'30'' to 3'30''	Only one category	From 3'00'' to 4'00''
	2° Category	From 2'00'' to 3'30''		
EMERGENTS	1° Category	From 1'30'' to 3'00''	Only one category	From 2'30'' to 3'30''
	2° Category	From 1'30'' to 2'30''		

The musical base can be an original track or the product of custom editing, can be sung by the athlete or a recited piece.

The organization will communicate a deadline for sending the musical base, sending it after the deadline will result in a deduction of 3 points in the board of the head jury that will be communicated to the jury panel by the organization.

The music base must be sent by email or, for larger teams, must be uploaded to a Drive, Dropbox or similar folders and sent to the organization.

5. GENERAL ROUTINE CHARACTERISTICS AND PENALIZED PROHIBITIONS

MUSICAL BASE

- It is possible to use any musical base as long as it has no anti-sportive, scurrilous languages or that refers to hatred, racism, the use of drugs and the like.
- Creative musical bases, original or used in an original way will be awarded
- Late arrival of 60" on the stage, abandonment of the stage before the end of the music and/or interruption with resumption of the performance will result in a penalty in the board of the head jury. In case of early interruption of the performance, the athlete will have the opportunity to repeat it at the end of the category, but the evaluation of the second performance will not be included in the general classification. The athlete can request the evaluation sheets of both routines.

BUILDING A ROUTINE

- No mandatory technical elements required.
- It is possible to perform freestanding acrobatic elements.
- Use of horizontal plane (floorwork) is required for all specialties.
- The athlete can freely choose elements to run on the ground and at the equipment.
- All planes of space shall be used: horizontal (stage) and vertical (equipment). On the vertical plane to the pole/fabric/rope plane is mandatory to exceed at least once 70% height of the equipment.
- Only for the pole specialty, both poles (spin and static) must be used in a fair way, it will not be used a stopwatch, but the routine will be evaluated in its completeness.
- It is not mandatory to present a theme, in case you choose to represent a theme or a character you must follow criteria of consistency understandable by the jury.



- It is not possible to have props on stage.
- Live or embalmed animals cannot be used on stage (furs are not included)
- Fire, firecrackers, smokers and comparable objects cannot be used.
- It is not possible to use oily substances on the body and for choreography.
- No liquids of any kind may be used.
- You can have choreographic objects as long as they are also used during routine and are consistent with the theme presented if necessary.
- You can have sets; it is not mandatory to use them but if they are used in an original and interactive way with the routine will be awarded a bonus by the head judge.
- Athletes who have competed and obtained a podium in other sports competitions should contact the organization to define the appropriate category to join.

COSTUMES AND OUTFITS

- It is allowed to wear shoes of any kind.
- The costume must cover the private parts, in case of nudity evident to the whole jury deductions will be applied or for obvious and permanent nudity will be interrupted the routine. The athlete will be disqualified. He can repeat his routine at the end of the category, with an appropriate costume, to be evaluated but will not enter the ranking.
- It is not possible to wear a string or a thong.
- Brands and sponsors are forbidden in clothing; the presence of brands and logos in the costume will result in a penalty in the board of the head judge.
- In the junior categories it is necessary that the culottes are covering and do not move, and the top adequately contains the proportions of the athlete. Inappropriate costumes will be penalized at the discretion of the artistic judge in the image section.
- There are no penalties for culottes or low-cut shorts in the senior categories, provided it is not accidental to move the culottes or briefs.
- Excessive transparencies on the breast or groin will not be granted and penalized by the artistic judge in the image section in addition to the deduction of the head judge.
- Bracelets, earrings, watches, hair bands and similar not consistent with the costume will be penalized by the judge of the art in the image section.
- Piercings are provided with minimal jewelry.
- In the junior categories it is allowed to wear gloves or other clothing to help grip, so as to preserve the safety of children if they do not feel safe with the grip. No medical certification or communication to the organizer is required. In the senior categories the use of gloves is allowed only with presentation of specific medical certification.

6. EVALUATION CRITERIA

Both for the Junior and for the Senior section the same evaluation criteria will be applied for technical execution and artistic performance. The designated competition officers will be responsible for assessing them with the same parameters and criteria.



The jury panel of the semi-final phase is composed of 5 national or regional competition officers.
The jury panel of the final stage consists of 5 national competition officers.

COMPOSITION OF THE JURY PANEL

- 2 technical performance deduction officers
- 2 competition officials involved in artistic evaluations
- 1 Head Judge in charge of the control and supervision of the panel; will have a different evaluation board to assign bonuses and specific deductions.

7. HEAD JUDGE

The Head Judge shall be responsible for any additional penalties or bonuses and for the control and supervision of the jury panel. In case of differences in the scores will be the balance between the judges. The score of the board by the head judge will be added/deducted to the total score given by the sum of the 2 scores resulting from the average of the officers of the race to execution and artistic.

Supervisory powers of the head judge:

- has the role of control and mediation between judges in case of disagreements on implementation or inconsistencies
- has no power to change individual judge scores
- allocates specific deductions, only once, as from attached sheet for example
- awards specific bonuses, only once, as per attached sheet for example
- can decide the interruption of the execution in case of costume malfunction and obvious visibility of breasts (for female) or private parts

BONUSES AND DEDUCTIONS SPECIFICATIONS

DEDUCTIONS	
Use of the vertical equipment (pole, fabric, rope) for less than 70% The equipment must be used at least once over 70% height, in aerial hangers the equipment begins where the carabiner is attached with possible svivol, so if you use a strap over the rim the equipment does not end at the rim but at the end of the strap. With the fabrics the equipment ends at the hook carabiner.	-5
Failure to use both poles equally (for Pole Dance only) The routine must be built utilizing equally both poles.	-5
Failure to use the swivel if present (for Aerial Sports only) If you bring a tool with swivel you need to demonstrate to use it by creating rotations of the equipment.	-5



Exit the stage or break the routine before the end of the music Applied if the athlete gets off the equipment or finishes the routines before the end of the musical base.	-5
Leaving the stage without greeting the jury	-5
Obvious interruption of the performance for forgetfulness or other Applied if the athlete interrupts the routine and resumes it with a stop or hesitation obvious due to problems of execution of the movement or forgetfulness of the sequence to be presented.	-5
Delayed entry (more than 60') after the athlete's presentation Applied if the athlete is called by the director and is not present in the area surrounding the stage. Athletes must be ready to get on stage before their routine begins. Consider the possibility that competitions may be subject to advances and not only delays.	-3
Athlete sings during the performance (excluding choreographic/theatrical singing wanted) Applied if the athlete sings the musical base during the performance of movements and singing is evidently not part of the choreography.	-3
Music too long or too short The director will check that the duration of the musical bases is in accordance with the requirements of the rules and will communicate it to the jury.	-3
Dirty feet for obvious forgetfulness The athlete must ensure that the feet are not dirty before performing the routine.	-3
Not suitable costume that creates discomfort of any kind Applied if: The costume has excessive transparencies The briefs or culottes moves becoming a thong The underwear under the costume is seen or glimpsed unintentionally	-3
Presence of school brands or logos on the costume Applied if on the costume are evident recognizable marks of any type	-3
Accidental nudity Applied if the costume moves causing obvious occasional nudity, in case of rupture and permanent nudity the routine will be interrupted and the athlete disqualified; the routine can be repeated at the end of the category with a suitable costume. It will be evaluated but will not enter in the ranking	-5
Failure to use choreographic objects brought on stage Applied if the chosen choreographic object is not used during the routine also on the equipment but is brought on stage without an obvious logical sense. The sets are not included.	-5
Use of 1 object/material not permitted in the regulation	-3
Use of 2 object/material not permitted in the regulation	-3

Presence of jewellery, bracelets, elastic and similar common use not consistent with the character The athlete will be penalized if he wears bracelets, elastic bands of common use for obvious forgetfulness. For example: beach bracelets, elastic bands on the wrist, anklets and necklaces of daily use. The penalty is not applied if the jewel or accessory is evidently part of the character brought on stage.	-3
Sending the musical base beyond the deadlines set by the organization Communicated and applied by the organization if the musical base is not forwarded to the organization within the deadlines.	-3
BONUSES	
1 Balance on the equipment using no hands and/or feet (for Aerial Sports only) Insertion into the routine of a complex equilibrium movement	+3
1 Roll/Drop/Jump on or from the equipment Insertion into the routine of roll, drop or jump on or from the equipment.	+3
1 Synchronous combination of 30" (for Doubles and Groups only) Attributed if the athletes build a combination in synchronous on the ground or on the equipment with minimum length 30" and performed in synchrony, one athlete can be on the tool and others on the ground, the synchro determines whether the movement change is synchronized with the music and similar or identical.	+5
1 double trick on the ground (for Doubles and Groups only) Attributed if the athletes perform at least one double trick on the ground.	+3
1 double trick on the equipment (for Doubles and Groups only) Attributed if the athletes perform at least one double trick on the equipment.	+3
Originality of the performance Attributed if the choice of theme or routine development has original elements never seen or if the theme, even if already seen, is built and developed in an extremely original way.	+3
Sophistication in the choice of the song and musical genre Attributed if the piece of music is carefully chosen/built	+3
Development of floorwork particularly well cared for at technical/acrobatic/choreographic level Attributed if the athlete builds a piece off the equipment particularly elaborate and cared for, not necessarily with acrobatic elements, but also danced or recited sequences.	+3
Good use and choice of scenic/choreographic objects if present Attributed if the choreographic object is used in an excellent way entering for example to be an integral part of the routine, or if it is used in an original way and not taken for granted.	+3
Good construction and choice of scenography if present Attributed if a complex set design study is found when present	+3
Original use of scenography Given if a coherent set design is constructed and used in an original and sensible way, the use of the set design is not mandatory and does not apply deductions in case of non-use.	+3



Special care and richness of the costume, hairstyle and makeup Attributed if the makeup, hairstyle and costume are extremely cared for in every detail.	+3
Construction of original motion combinations Attributed if the athlete builds a combination of movements on the ground or on the equipment particularly original, never seen or of great visual impact.	+5
Extras Bonus at the discretion of the Head Judge with the approval of all judges Attributed to the athlete who created an excellent routine that would deserve praise.	+5

EVALUATION SHEET - HEAD JUDGE			
Athlete n.	Speciality	Category	Name & Surname
DEDUCTIONS			
Use of the vertical equipment (pole, fabric, rope) for less than 70%			-5
Failure to use both poles equally (for Pole Dance only)			-5
Failure to use the swivel if present (for Aerial Sports only)			-5
Exit the stage or break the routine before the end of the music			-5
Leaving the stage without greeting the jury			-5
Obvious interruption of the performance for forgetfulness or other			-5
Delayed entry (more than 60') after the athlete's presentation			-5
Athlete sings during the performance (excluding choreographic/theatrical singing wanted)			-3
Music too long or too short			-3
Dirty feet for obvious forgetfulness			-3
Not suitable costume that creates discomfort of any kind			-3
Presence of school brands or logos on the costume			-3
Accidental nudity			-5
Failure to use choreographic objects brought on stage			-5
Use of 1 object/material not permitted in the regulation			-3
Use of 2 object/material not permitted in the regulation			-3
Presence of jewellery, bracelets, elastic and similar common use not consistent with the character			-3
Sending the musical base beyond the deadlines set by the organization			-3



BONUSES	
1 Balance on the equipment without using hands and feet	+3
1 Roll/Drop/Jump on or from the equipment	+3
1 Synchronous combination of 30" (or Doubles and Groups only)	+5
1 double trick on the ground (for Doubles and Groups only)	+3
1 double trick on the equipment (for Doubles and Groups only)	+3
Originality of the performance	+3
Sophistication in the choice of the song and musical genre	+3
Development of floorwork particularly well cared for at technical/acrobatic/ choreographic level	+3
Good use and choice of scenic/choreographic objects if present	+3
Good construction and choice of scenography if present	+3
Original use of scenography	+3
Special care and richness of the costume, hairstyle and makeup	+3
Construction of original motion combinations	+5
Extras Bonus at the discretion of the Head Judge with the approval of all judges	+5
TOTAL SCORE DEDUCTIONS + BONUSES :	

Head Judge signature _____

ARTISTIC AND COREOGRAPHIC PRESENTATION OFFICER

The score of the artistic and choreographic presentation officer may have a maximum of 80 points obtained from the sum of the scores in the following criteria. For each category of judgment, the judge can give an assessment between 1 and 10 following the following basic scheme.

1-2	3-4	5-6	7-8	9-10
Complete absence	Insufficient	Sufficient	Good	Excellent



- Musicality, sense of rhythm and musical interpretation (max. 10 pts)

Will be evaluated the ability of the athlete to work on the timing of music and its musical interpretation.

- Stage presence (max .10 pts)

Will be evaluated the general interpretation of the presented music and choreography: visual contact and mastery in managing the choreography and the general performance.

- Intensity (max .10 pts)

Will be evaluated both the intensity of the expressions and the coherence of the movements with the music and the theme. The athlete must not only be expressive, but the expressions and movements must be consistent with the presented movements.

- Dynamism and fluidity (max .10 pts)

Will be evaluated the ability of the athlete to create a dynamic and fluid routine without interruption. The movements of the athlete must be fluid and decisive in and out of transitions without unintended interruptions or distractions and abrupt unplanned detachments. In air movements, account shall be taken of the obligations arising from the safe performance of particularly complex and dangerous atmospheric movements which will not be penalized in the event of uncertainty within or outside the movement.

- Choreographic balancing (max. 10 pts)

Uniform and fluid use of all horizontal and vertical spatial planes (ground and aerial equipment).

- Floorwork or danced sequences (max. 10 pts)

It is not mandatory to perform a danced sequence, but the ability to fill the choreographic space on the ground is evaluated with acrobatic technical elements, gymnastics, dance or theatrical movements.

- Image (max. 10 pts)

Will be evaluated the care in the choice of costume, the hairstyle, the makeup, in addition to the consistency of both with the music and the theme chosen.

- Balancing of the elements in the choreography (max. 10 pts)

The choice of technical elements will be evaluated in the creation of a balanced routine in which there are elements of flexibility, strength, dynamism in a balanced way without imbalances towards one or the other type.



EVALUATION SHEET - ARTISTIC AND CHOREOGRAPHIC PRESENTATION OFFICER

Athlete n.	Specialty	Category	Name & Surname
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The score of the artistic officer may have a maximum of 80 points obtained from the sum of the scores in the following criteria. For each category of judgment, the judge can give an assessment between 0 and 100 following the following basic scheme.

The computer will be responsible for reporting the score in tenths.

The Competition will be responsible for reporting the score to the Jury.				
1-2 (from 0 to 20 pts)	3-4 (from 21 to 40 pts)	5-6 (from 41 to 60 pts)	7-8 (from 61 to 80 pts)	9-10 (from 81 to 100 pts)
Complete absence	Insufficient	Sufficient	Good	Excellent
CRITERIA		NOTES		SCORE
Musicality, sense of rhythm and musical interpretation				
Stage presence				
Intensity				
Dynamism and fluidity				
Choreographic balancing				
Floorwork or danced sequences				
Image				
FOR INDIVIDUAL AHLETES ONLY				
Balancing of the elements in the choreography				

Useful tips for the athlete: _____

Officer Name and Surname	Signature
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TECHNICAL EXECUTION OFFICER

The score of the technical execution will be given by the arithmetic average of the scores of the 2 judges of the execution. In case of indecision, the officials can consult and ask the head judge for support.

The technical execution officer shall have a maximum of 100 points, to which the following deductions will be deducted:

- Poor technical execution on the equipment or free body and unfair lines

The execution of the tricks on the equipment and the technical execution of the performance at a technical level will be evaluated. Every time the athlete soils the movement with toes not pointed (choreographic choices excluded), legs not stretched or posture not adequate on the equipment or free body, the judge will attribute a penalty of -0,5 pts.

- Poor transitions on the equipment and free body

Incoming and outgoing movements from tricks on the equipment or from ground transitions will be considered. Whenever the athlete entering or leaving an element or in the transition will show excessive difficulty or too snappy movements will be applied deduction of -1 pt.

Account shall be taken of obligations arising from the safe performance of complex and dangerous particulate air movements which will not be penalized by uncertainty entering or leaving the movement.

- Incorrect angle of movement (Bad Angle)

The element performed in bad angle prevent the judge to establish the correct technical execution will be applied deduction of -1 pt for each element performed in bad angle (are excluded elements performed on spin pole and on aerial equipment).

- Balance and slip

Obvious loss of equilibrium or slip (duration of at least one second) will be penalized with a deduction of -1 pt for each slip or loss of equilibrium.

- Hand cleaning or hairstyle and costume adjustment

The cleaning of the hands on the body or on the costume and the adjustment of the hairstyle or the costume are not allowed and will be penalized with a deduction of -1 pt for every time the judge will notice the gesture.

- Evident fall from the equipment or free body

Obvious falls during the execution of the elements on the equipment or during the free body will be penalized with a deduction of -5 pts for each fall.



EVALUATION SHEET – TECHNICAL EXECUTION OFFICER

Athlete n.	Specialty	Category	Name and Surname
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The technical execution officer shall have a maximum of 100 points from which the following deductions will be deducted

CRITERIA	NOTES	SCORE
Poor technical execution on the equipment or free body and unfair lines (-0,5 pts each movement poor or incorrect)		
Poor transitions on the equipment and free body (-1 pt each poor transition)		
Balance and slip (-1 pt each slip or loss of balance)		
Hand cleaning or hairstyle and costume adjustment (-1 pt each incorrect gesture)		
Evident fall from the equipment or free body (-5 pts each fall)		
TOTAL POINTS TO BE DEDUCTED	

Useful tips for the athlete: _____

Officer Name and Surname	Signature
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