



# CSIT World Games 2021 - Teamgym

## Rules and Regulations

The rules have been updated by the CSIT TG TC to provide a common guide line for TeamGym competitions.

### A. General

1. The **CSIT World Games** in Teamgym is a competitions for UNION representatives and open for invited representatives, that offers a way to give to all gymnasts (read the eligibility rules), with a minimum age of 10 years old, the possibilities of representing their Country and competing internationally in TeamGym , Micro TeamGym and Individually.
2. There is one competitions every 2 years.
3. The event is run by CSIT Hosting UNION.
4. The CSIT World Games in TeamGym is open to the following age **categories**.
  - Youth 1 and 2 teams (women, mixed and men)
  - Junior teams (women, mixed and men)
  - Senior teams (women, mixed and men)
  - Masters (women, mixed and men)
5. A gymnast can only take part in one team, which can only enter one category and one section.
6. The UEG CoP 2017 will be used, plus the “CHANGES” in these rules.
7. Teams need to bring their own judges (Excluded New Countries).

At least one judge per team (preferably National standard) with CSIT Brevet

In every competition there should be AT LEAST one international judge with CSIT Brevet (arranged by the hosts) as a head judge of the Competition.

8. The Rules covering specific requirements for the categories, ages and sections are shown in the tables below.
9. Micro Teamgym must be composed by 3 to 5 gymnasts - only Trampet and Tumbling, no Floor
10. Individuals can compete only in Tumbling and in Trampet.
11. Gymnasts who compete in Micro Teamgym or Individuals cannot compete in TeamGym in the same competition!

### B. MAXIMUM PARTECIPANTS

Each UNION can participate with one team and/or 1 micro team in each age and sex categories and 3 individuals in each age and sex category.

### C. ELEGIBILITY CRITERIA

Gymnasts of National Federations, also if licensee in a labour federation adherent at the CSIT, participating in groups and trainings with the aim to represent their National Federation in to competitions organized by the **FIG or its Continental Union** cannot participate.

Professional athletes have no right to participate!