



International Workers & Amateurs in Sports Confederation

Confédération Sportive Internationale Travailleuse & Amateur

Technical Commission Commission Technique



JUDO

柔道

CSIT

English version / Version Anglaise

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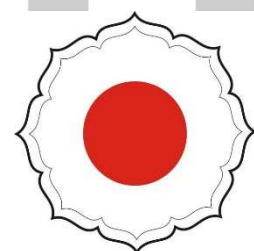




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PREAMBULA

- This regulation refers to the general regulations of the CSIT championships and technical commissions adopted at the last CSIT congress. It cannot derogate from these regulations.
- The CSIT organizes amateur championships and fair play is one of its most important goals. The CSIT championships are strictly open to amateur athletes. To participate in the CSIT championships, the eligibility criteria defined by sport must be met.
- All activities of the CSIT, including its championships, are open to members of the CSIT unions, observer members and international confederations with which the CSIT has signed cooperation agreements in accordance with the general rules of the CSIT: COPADET (Americas) / BAWA (Balkan region) and ALSO (Central Africa); Similarly, non-member members of the CSIT, partners, government agencies, unions and companies may participate in the CSIT Championships.
- The CSIT championships are organized under a zero tolerance policy. Not playing for political, religious or discriminatory reasons will lead to immediate exclusion of the team and/or athlete
- CSIT championships are governed by l'AMA. It is possible that athletes may be invited to a doping test. More information can be found in the CSIT Anti-Doping Policy, which can be downloaded from the CSIT website:
<http://www.csit.tv/en/news-service/download-area>
- The sporting activities of the CSIT (championships, training, tournaments, rallies, etc.) are organized under the responsibility of the technical commissions by sport. If there is a problem not foreseen in the regulation, the TC will apply the rules of the IFJ (International Judo Federation).
- CSIT Championship and Technical Commission Sport Rules and Regulations can be downloaded from the download area of the CSIT website:
<http://www.csit.tv/en/news-service/download-area>
- They are and remain CSIT Championships.



1. JUDO CHAMPIONSHIPS

PERIODICITY/ AGE GROUPS

The CSIT Men’s and Women’s JUDO Championship may be held:

Years between the CSIT World Games

- **CADETS:** 12 to 18 years
- **JUNIORS:** up to 18 years
- **SENIORS:** 19 years and older

During the CSIT World Games:

CADETS/JUNIORS/SENIORS/MASTERS: 12 years to 40 years
40 years and over

For the 2025 World Games, we will organize, depending on the number of participants, a competition open to seniors (male and female) with visual impairments.

If there are not enough participants in the separate categories of juniors, seniors and masters, men and women, they will be merged after the weighing and they will be placed together in the same weight category.

MEN: -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg

- Duration of fights: **4 minutes**

FEMALES: -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg

- Duration of fights: **4 minutes**

Program:

Day 1:	Arrival of delegations Briefing - First meeting of the Technical Commission
Day 2:	Team Training Training and seminar for referees and Coaches, including the retraining of referees. Weighing. Provide two female and male referees for this weigh-in. Random draw
Day 3:	Individual Championship
Day 4:	Rest Day



Day 5:	Team Championship Second meeting of the Technical Committee Closing night
Day 6:	Departure of delegations

Age categories are defined according to the year of birth (see CT and Championship General Regulations - Chapter 4)

1-2 ORGANIZATION/REGULATIONS

The championships are held in the form of pools.

Mandatory decision at each fight, including the application of the rule of decision of the advantage (Golden Score) if necessary.

- In the event of a tie of wins and points between 2 participants, the winner is the one who won the fight between the two.
- If there is a tie of wins between 3 participants, the result will be based on the greatest number of points
- In the event of a tie, participants will have to play a "closing" pool. If there was a tie at the end of the closing pool, the pool would have been redone, with direct application of the Golden Score rule. The fighting will stop as soon as the result is recorded. The table will show the combat times, in anticipation of the possible application of the following paragraph.
- In the event of a new tie of wins and points, and the inability to apply the rule of the fight that opposed it, the winner will be declared with the times of the battle (the winner is the one with the shortest time).
- If a competitor withdraws, all results from previous fights will be cancelled. For example, a pool of 5 becomes a pool of 4.

1-3 COACHING

- Only one official coach is allowed per participant or team. His place is next to the tatami. It is not allowed to replace the coach (coach) during the fight.
- Coach must wear training or civilian clothing, never judogi.
- He must know that he can only give advice to his participant, and this only during the «mate (stop of the fight)».
- It is not permissible to criticize the referees or the opponent. In



any case, he cannot disturb the fight and he cannot go against the rules. In case of contravention, penalties will be taken by the Technical Commission.

- A CSIT championship is an official championship when the minimum conditions for participation are met. (See TRQ and Championship General Rules - Chapter 4 under B)
- Championships cannot last more than five (5) days (arrival and departure days not included).



2. CONDITIONS FOR PARTICIPATION

2-1 INDIVIDUAL PARTICIPATION

The IFJ weight categories:

AGE AND WEIGHT CATEGORIES BY GRADE MINIMUM

January 2025

		WOMAN				MEN			
CATEGORIES	U11	U15	U18	U21	Seniors	U15	U18	U21	Seniors
Date of birth	14-15	10-11	08-09-10	05-06-07	2004 or before	10-11	08-09-10	05-06-07	2004 or before
Weight and Kg	See specific regulations	-32				-34			
		-36				-38			
		-40	-40			-42			
		-44	-44			-46	-46*		
		-48	-48	-48	-48	-50	-50		
		-52	-52	-52	-52	-55	-55		
		-57	-57	-57	-57	-60	-60	-60	-60
		-63	-63	-63	-63	-66	-66	-66	-66
		+63*	-70	-70	-70	+66*	-73	-73	-73
			+70	-78	-78		-81	-81	-81
		+78	+78		-90	-90	-90		
					+90	-100	-100		
						+100	+100		
Fight duration	1 min. 30	3 minutes	4 minutes			3 minutes	4 minutes		
Fight duration/teams									
Minimum Grade / individuel		3 ^e KYU				3 ^e KYU			
Minimum Grade / teams									



MASTERS

Age category	Competition times minutes	Men	Woman
30 – 34	3	M1	F1
35 – 39	3	M2	F2
40 – 44	3	M3	F3
45 – 49	3	M4	F4
50 – 54	3	M5	F5
55 – 59	3	M6	F6
60 – 64	2,5	M7	F7
65 – 69	2,5	M8	F8
70 – 74	2,5	M9	F9
75 - 79	2,5	M10	F10
80 +	2,5	M11	F11

2-2 PARTICIPATING TEAMS

Several teams, men and/ or women, per Union can participate.

MEN: 7 competitors per team, 1 per weight category.

Duration of fights: **4 minutes**

WOMEN: 7 competitors per team, 1 per weight category.

Duration of fights: **4 minutes**

2-3 UPGRADE

Weight: Individual championships: prohibited

Team championships: only one category allowed

Age: Allowed for juniors who can compete in the senior category.

2-4 MAXIMUM PARTICIPANTS

Each men's and women's team must not have more than 10 members:

7 competitors

1 coach

1 referee

1 team leader/ head of the official Union delegation.

When a Union sends a single team (male or female), the delegation must not have more than 10 members:

- 1 head of delegation
 - 1 coach (male or female)
 - 1 referee
 - 7 competitors (maximum) or 7 competitors (maximum)
- = 10 people



2-5 ELIGIBILITY CRITERIA

Judokas ranked in the top 100 of the official IFJ ranking (category general junior/ senior) cannot participate in the championships of the CSIT. This will be checked so that there is certainly no judoka professional who will participate.

The reference date is 10 days before the CSIT individual championships where of JM.

3. FAIR PLAY

The CSIT championships are organized according to the principles of fair play.

During the CSIT championships, individuals and teams can be rewarded for acts of fair play.

Fair play rules are set out in the General Rules the CSIT Technical Commissions and Championships, 2016 edition and later, Chapter 5.

4. REGISTRATION / FUNDING

4-1 LATE REGISTRATION

- Provisional registration: at least four (4) months before the start of the championship.
- Final registration: at least two (2) months before the start of the championship
- Final registration must include a list of all members of the delegation (first name - last name - date of birth - sex - function)

4-2 COVER FEE

The Unions pay all travel expenses to travel to the city where the championship is organized (round trip).

The organisation of the organisers is responsible for the following questions:

- Transportation of delegations from airport or station to hotel on the day of arrival and departure
- Local transportation during stay based on program (between hotels and sports facilities in particular)
- Full board (for example, double room, breakfast, 2 meals per day)

Each participating Union shall pay a registration fee to the organising Union fixed for each member of the delegation, determined at the last Congress of the CSIT.

At the time of submission of the forms of provisional application, the organizing Union



may receive a deposit of 50% of the total amount to be paid by the participating Union, the remaining amount to be paid at the time of permanent registration or on the day of arrival, last due date.

4-3 CANCELLATION POLICY

The CSIT has a cancellation policy. This cancellation policy covers payments at the preliminary and final registration and refund by cancellation of a participating party or by the organizer championship.

The section in detail is found in Chapter 4, under I, of the General Technical commissions and championships.

5. ORGANIZATION/PREPARATION

5-1 ORGANIZING COMMITTEE

The host organizing committee is responsible for the preparation and organization of the championship. The CSIT Technical Committee and a representative of the Organising Committee are responsible for the management of the Championship during its duration. See Chapter 4 under E of the General Rules of Technical Commissions and Championships.

5-2 INVITATIONS

The organizing committee sends invitations to the championships to each Union CSIT (and partners), corporate sports organisations and guests, etc. at least nine (9) months before the start of the championship. Invitations must include this information:

- the participation
- sports activities, social and cultural program
- Referees required
- boarding facilities
- arrival and departure accommodation
- If possible, general program

Detailed information is available in Chapter 4, under D, of the General Rules of Technical Commissions and Championships

5-3 PREPARATION

Depending on the situation and with the authorization of the director of sports of the CSIT, a member of the technical commission (president or secretary) may visit the place where the championship is organized, at least three (3) months before its beginning, to settle with the organizing union. Planning and preparation of the championship. Travel expenses may be covered under certain conditions by the funds allocated to the JUDO Technical Commission by the CSIT.

5-4 RATIO

Within seven (7) days of the championships, the secretary of the commission will send the results of the JUDO championship to the Director of Sports and the



No later than one (1) month after the end of the Championship, the Secretary of the technical commission must send a report on the championships and all sport results and minutes of TB meetings to the members of the JUDO Technical Commission, the Unions, the Director of Sports and the Office of the CSIT.

6. ARBITRATION

When the Unions do not have to bring their own arbitrators, there will be a standard line: all arbitrators and officials will be organized by the organizer during/after consultation and contact with the Chair/Secretary of the Technical Committee.

Arbitrators shall be registered by the Unions. Each Union shall provide referee by participating team. Unions not applying this rule must pay the organizer an amount specified in the rules of the CSIT to cover the fees of substitute arbitrators.

Arbitrators are not allowed to occupy another position within their own delegation.

The Technical Committee shall decide the conditions of arbitration according to needs of discipline based on IFJ regulations.

Arbitrators must be official arbitrators of their own Union at national or international. If necessary, a Union may contact the national federation of its country or the IFJ.

A minimum of 6 referees on each tatami is necessary for the smooth running of the championship.

The Chief of Arbitrators shall be appointed by the President/Secretary of the TC, in Consultation with the local manager.

Referees and judges will control judogis (dimensions must be in accordance with IFJ rules) on entry of the category on the tatami.

If a competitor wears an unauthorized judogi, he will be disqualified, after agreement with the competition manager.

The first fighter called (or team for team competitions) to each fight is allowed to wear the blue judogi instead of the red belt. The second combatant called (or team) will not wear a white belt in this case.

Judokas are allowed to wear white and blue judogis.

In any case, both fighters in the same fight will be allowed to wear a blue judogi. If the «white» fighter cannot come with a judogi white, he loses the fight.

7. APPEAL COMMITTEE

The Appeal Committee is composed of:

- o The Chairman of the CSIT Technical Committee
 - o Secretary of the CSIT Technical Committee
 - o One person from the participating unions. This member will not participate not the calls his own union would be involved in.
-
- An appeal committee is appointed for each championship in accordance with the IFJ Rules.



- Appeals for technical reasons must be brought to the attention of the Appeal Committee no later than half an hour after the incident, providing all necessary information. Detailed information is available in Chapter 4 under L of the General Rules of Technical Commissions and Championships.

8. REWARDS

Individual prizes will be awarded to the following medals:

- gold for first place,
- silver for second place
- and bronze for the two third places. Men and women.

The first three (3) teams will receive a team cup and medals for team participants, including their coach: gold medal for the first place, silver for second and bronze for third place.

A certificate of participation and a medal will also be provided to arbitrators.

Detailed information is available in Chapter 4 under M of the Regulation general technical commissions and championships.

9. SPECIAL ATTENTION

At the medal ceremony, no flag and/ or symbol religious will not be displayed or tolerated.

As this is a sporting event, no political and/or religious acts will be carried out. If this is the case, they will be immediately disqualified and removed from the room sports.

Female athletes will not be allowed to wear a scarf/hijab during the competition.

These female judokas can take part in the judo competition and beat according to the principle and spirit of judo, so without scarf/ hijab.

The decision was made for safety reasons and according to the regulations of the IFJ Judo applies strict safety rules and any cover of the head may pose a risk to the safety of the combatant.

Japanese martial art does not recognize differences in things like politics or religion.

"The only difference between the competitors should be their judo level"



10. TECHNICAL COMMITTEE MEETINGS

- The Chair or Secretary of the Technical Committee is responsible for convening a meeting of the Committee before and at the end of the Championship. A notice containing the date and agenda will be sent to all Unions at least three (3) months in advance. The president, secretary, trade union representatives and heads of delegation participate. Referees, coaches of participating unions, members of the organizing committee are invited
- A preparation and information meeting is organized before the championships under the responsibility of the president (and/ or the secretary of the technical committee and the organizing committee of the organizing Union) in order to inform all delegations of the planning of the championship, appoint referees matches, make clarifications to the regulations if necessary ... for the event to be a success.
- The purpose of the meeting after the championships is to evaluate the championship, possibly make changes to these rules, prepare future events (planning for the next championship) and elections, to take into account the minutes of the CSIT congress.
- Every year, during the meetings of the Technical Committees, during the Congress, the Sports Directors will review the annual functioning of the Technical Committee.

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