



## INVITATION

# 7<sup>th</sup> CSIT World Sports Games

September 5<sup>th</sup> – 10<sup>th</sup>, 2023

Emilia-Romagna – Italy

**AICS – Associazione Italiana Cultura Sport** will be the Host of the VII. CSIT WORLD SPORTS GAMES, together with the cooperation and patronage of the municipality of **Cervia** and **Emilia Romagna Region**, the knowledge partnership with **ACSI – Associazione di Cultura, Sport e tempo libero** and the cooperation with the municipalities of **Cesena, Cesenatico, Riccione**. The WSG will be held in the cities of Cervia, Cesena, Cesenatico and Riccione from 5<sup>th</sup> to 10<sup>th</sup> of September 2023.

AiCS - Associazione Italiana Cultura Sport are welcoming CSIT, its World Sports Games, the International Workers & Amateur Sports Movement, its partners and the several thousands of amateur athletes as well as participants from all over the world to practice and compete in sports and sports for all activities in the best atmosphere and conditions. In the past years, it is proven that CSIT World Sport Games are an excellent opportunity to meet and greet international people in a sportive and amicable way.

For the WSG2023 the organizational committee (named “Emilioc”) has engaged, among the specialists, the Sport Counsellor of the Municipality of Cervia and a Covid Manager who is at work to coordinate a task force to secure participants for all the phases: before the arrival, during the event and after the games.


### **About the CSIT World Sport Games – WSG**

The WSG are a major multi-sports event held every two years, full of sports, sport for all, cultural exchange, fun and new opportunities. These Games are not multisport games for top athletes, but for all amateurs from different countries and cultures all over the world. Not only is the organisation of competitions in the foreground, but also organizing a huge festival with the spirit of the beautiful region Emilia-Romagna at the famous Adriatic Sea coast. The objectives are the gathering of sports friends, as a worldwide family to advance making friends as well as the exchange of information, expertise and experiences within the multi-sport community of CSIT and its partners.

## That's the Spirit of CSIT!

The WSG are open for all amateur sports-athletes with raising numbers of participants each edition and we welcome member & non-member organisations, partners, governmental bodies, trade unions and companies from all over the world. The history of the CSIT of more than 100 years proves this event has “Olympic allures”. It provides the participants a real international sports week with additional touristic and cultural content they will never forget.

<b>Actual information:</b>	-> <b>Official Games Webpage</b> via <a href="http://www.csit.sport">www.csit.sport</a> -> <b>Facebook:</b> <a href="https://www.facebook.com/CSITWorldSportsGames">CSIT World Sports Games &amp; Single Championships</a> -> <b>Instagram:</b> <a href="https://www.instagram.com/csitwsg">csitwsg</a> -> <b>LinkedIn:</b> <a href="https://www.linkedin.com/company/csit-world-sports-games">CSIT – World Sports Games</a>	
<b>Place of arrival:</b>	<b>Cervia, ITALY</b>	
<b>Date of arrival:</b>	<b>September 5<sup>th</sup>, 2023</b> <i>Attention: Participants of both the <b>Tennis and Swimming Championships</b> should arrive <u>one day earlier</u> on <b>September 4<sup>th</sup>!</b></i>	
<b>Date of departure:</b>	<b>September 10<sup>th</sup>, 2023</b>	
<b>CSIT CHAMPIONSHIPS (ANNEX 1)</b>  Regulations on: <a href="http://www.csit.sport">www.csit.sport</a> (Download Center)	<ul style="list-style-type: none"> <li>• <b>Football (11 players)</b></li> <li>• <b>Mini Football (5)</b></li> <li>• <b>Beach Soccer</b></li> <li>• <b>Athletics</b></li> <li>• <b>Volleyball (6 players)</b></li> <li>• <b>Beach Volleyball (3)</b></li> <li>• <b>Basketball</b></li> <li>• <b>Basketball 3x3</b></li> <li>• <b>Tennis</b></li> <li>• <b>Padel</b></li> <li>• <b>Beach Tennis</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Table Tennis</b></li> <li>• <b>Karate</b></li> <li>• <b>Chess</b></li> <li>• <b>Pétanque</b></li> <li>• <b>Wrestling</b></li> <li>• <b>Beach Wrestling</b></li> <li>• <b>Judo</b></li> <li>• <b>Gymnastics</b></li> <li>• <b>Mamanet</b></li> <li>• <b>Swimming</b></li> </ul>
<b>CSIT PARTNER CHAMPIONSHIPS</b> to be organized together with the CSIT	<b>The final program of the CSIT PARTNER CHAMPIONSHIPS is not yet finalized.</b>  <i>For further details see the official WSG2023 website via: <a href="http://www.csit.sport">www.csit.sport</a>!</i>	

<p><b>New and demonstration sports (ANNEX 3)</b></p>	<p><b>A special CSIT PARA SPORT Program will take place</b></p> <p><b>Sport disciplines addressed to athletes with intellectual disabilities</b></p> <p><b>During the WSG there will be a promotion &amp; demo of several young, fancy, but also new sports!</b></p> <p>Registration can be done upon arrival in Cervia!</p> <p>Further &amp; current information via <a href="http://www.csit.sport">www.csit.sport</a></p>
<p><b>SPORT FOR ALL: Physical activities for SENIORS/ ELDERLY people (ANNEX 2)</b></p> 	<ul style="list-style-type: none"> <li>● <b>Target group:</b> Seniors 55+, who can walk and move without problems. Also: trainers/instructors with experience in and interest in physical activities for seniors.</li> <li>● <b>Ages and gender:</b> 55 years and older for the active seniors. No age limit for trainers/instructors. Both females and males are welcome.</li> <li>● <b>Providers of activities:</b> Some member unions with experience in physical activities for seniors will be responsible for the activity program. Trainers/Instructors can exchange experiences and knowledge.</li> <li>● <b>Activities for Seniors:</b> During the World Sport Games in Cervia Seniors will participate in both in- and outdoor activities. There will be two blocks (morning/afternoon) of activity, almost every day – which make it possible for every participant to try all the activities in the program. <ul style="list-style-type: none"> <li>○ Walking football</li> <li>○ Tabata Training – Conditioning exercise</li> <li>○ Memory game, Chair relay and more funny games</li> <li>○ Cross Training for seniors</li> <li>○ Basketball for Seniors</li> <li>○ New Games - cooperative games without competition</li> </ul> </li> <li>● Further details are in Annex 2.</li> </ul> <p>Further information: CSIT Vice President Palle Thomsen, E-Mail: <a href="mailto:thomsen@csit.tv">thomsen@csit.tv</a></p>
<p><b>HOTELS: (ANNEX 7)</b></p>	<p>You can choose out of a range from hostels up to 4-star hotels!</p>

<p><b>Financial Conditions: (ANNEX 8)</b></p> <ul style="list-style-type: none"> <li>- Package categories</li> <li>- Prices per person</li> <li>- Airport-Transfer</li> </ul>	<p><b>The package prices of category A &amp; B include:</b> Full board accommodation, local public transport in Cervia, Cesena, Cesenatico and Riccione, registration fee, welcome package and free chiropractic services by FICS (<b>Annex 6</b>)</p> <p><b>Airport shuttle</b> will cost additionally <b>50 euros</b> per person.</p>																																								
<p>- <b>Package: Category A</b></p>	<p>CSIT member unions (full, associate, candidate) and accompanying persons:</p> <table border="1" data-bbox="639 533 1374 719"> <thead> <tr> <th>Rooms</th> <th>Hotels 2 star</th> <th>Hotels 3 star</th> <th>Hotels 4 star</th> </tr> </thead> <tbody> <tr> <td><i>Double</i></td> <td><b>409 euro</b></td> <td><b>463 euro</b></td> <td><b>548 euro</b></td> </tr> <tr> <td><i>Single</i></td> <td><b>514 euro</b></td> <td><b>568 euro</b></td> <td><b>628 euro</b></td> </tr> <tr> <td><i>Triple</i></td> <td><b>404 euro</b></td> <td><b>448 euro</b></td> <td><b>543 euro</b></td> </tr> <tr> <td><i>Quadruple</i></td> <td><b>394 euro</b></td> <td><b>438 euro</b></td> <td><b>533 euro</b></td> </tr> </tbody> </table> <p><b>Hotels 5 stars:</b> upon request <b>Sports Hostels - only for gymnastics:</b> <i>Standard</i> <b>373 euro</b> <i>Superior</i> <b>408 euro</b></p> <p><b>Extra days Hotels*:</b></p> <table border="1" data-bbox="639 976 1374 1162"> <thead> <tr> <th>Rooms</th> <th>Hotels 2 star</th> <th>Hotels 3 star</th> <th>Hotels 4 star</th> </tr> </thead> <tbody> <tr> <td><i>Double</i></td> <td><b>58 euro</b></td> <td><b>69 euro</b></td> <td><b>86 euro</b></td> </tr> <tr> <td><i>Single</i></td> <td><b>79 euro</b></td> <td><b>90 euro</b></td> <td><b>102 euro</b></td> </tr> <tr> <td><i>Triple</i></td> <td><b>57 euro</b></td> <td><b>66 euro</b></td> <td><b>85 euro</b></td> </tr> <tr> <td><i>Quadruple</i></td> <td><b>55 euro</b></td> <td><b>64 euro</b></td> <td><b>83 euro</b></td> </tr> </tbody> </table> <p><b>Extra days Sports Hostels*:</b> <b>Standard Hostels</b> 51 euro    <b>Superior Hostels</b> 58 euro</p> <p>*Included city tax.</p> <p><b>Special offers for kids and children</b> <b>Into WSG2023 special package fees are tailor-made for children:</b></p> <ul style="list-style-type: none"> <li>- All children (both athletes and accompanying adults) up to 12 years old have special prices for accommodation (discounts – see below).</li> <li>- Children who are accompanying people (not athletes) will be free of charge of the registration fees.</li> </ul> <p><b><u>Children accompanying adults</u></b> <b>Until 2 years old:</b> the WSG package is free when children live with min. 2 adults in the same room</p>	Rooms	Hotels 2 star	Hotels 3 star	Hotels 4 star	<i>Double</i>	<b>409 euro</b>	<b>463 euro</b>	<b>548 euro</b>	<i>Single</i>	<b>514 euro</b>	<b>568 euro</b>	<b>628 euro</b>	<i>Triple</i>	<b>404 euro</b>	<b>448 euro</b>	<b>543 euro</b>	<i>Quadruple</i>	<b>394 euro</b>	<b>438 euro</b>	<b>533 euro</b>	Rooms	Hotels 2 star	Hotels 3 star	Hotels 4 star	<i>Double</i>	<b>58 euro</b>	<b>69 euro</b>	<b>86 euro</b>	<i>Single</i>	<b>79 euro</b>	<b>90 euro</b>	<b>102 euro</b>	<i>Triple</i>	<b>57 euro</b>	<b>66 euro</b>	<b>85 euro</b>	<i>Quadruple</i>	<b>55 euro</b>	<b>64 euro</b>	<b>83 euro</b>
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<b>2-6 years old when with min 2 adults in same room</b>			
<b>Rooms</b>	<b>Hotels 2 star</b>	<b>Hotels 3 star</b>	<b>Hotels 4 star</b>
<i>Triple</i>	<b>240 euro</b>	<b>275 euro</b>	<b>340 euro</b>
<i>Quadruple</i>	<b>235 euro</b>	<b>265 euro</b>	<b>335 euro</b>

**Extra days Hotels\*:**

<b>Rooms</b>	<b>Hotels 2 star</b>	<b>Hotels 3 star</b>	<b>Hotels 4 star</b>
<i>Triple</i>	<b>40</b>	<b>47 euro</b>	<b>60</b>
<i>Quadruple</i>	<b>39</b>	<b>45 euro</b>	<b>59</b>

\*Included city tax.

**6-12 years old when with min 2 adults in same room**

<b>Rooms</b>	<b>Hotels 2 star</b>	<b>Hotels 3 star</b>	<b>Hotels 4 star</b>
<i>Triple</i>	<b>300 euro</b>	<b>340 euro</b>	<b>425 euro</b>
<i>Quadruple</i>	<b>290 euro</b>	<b>330 euro</b>	<b>415 euro</b>

**Extra days Hotels\*:**

<b>Rooms</b>	<b>Hotels 2 star</b>	<b>Hotels 3 star</b>	<b>Hotels 4 star</b>
<i>Triple</i>	<b>52 euro</b>	<b>60 euro</b>	<b>77 euro</b>
<i>Quadruple</i>	<b>50 euro</b>	<b>58 euro</b>	<b>75 euro</b>

\*Included city tax.

**Children as athletes Cat. A**

**Until 2 years old:** the WSG package is free when children live with 2 adults in the same room

**2-6 years old when with 2 min adults in same room**

<b>Rooms</b>	<b>Hotels 2 star</b>	<b>Hotels 3 star</b>	<b>Hotels 4 star</b>
<i>Triple</i>	<b>320 euro</b>	<b>355 euro</b>	<b>420 euro</b>
<i>Quadruple</i>	<b>315 euro</b>	<b>345 euro</b>	<b>415 euro</b>

**Extra days Hotels\*:**

<b>Rooms</b>	<b>Hotels 2 star</b>	<b>Hotels 3 star</b>	<b>Hotels 4 star</b>
<i>Triple</i>	<b>40</b>	<b>47 euro</b>	<b>60</b>
<i>Quadruple</i>	<b>39</b>	<b>45 euro</b>	<b>59</b>

\*Included city tax.

**6-12 years old when with min 2 adults in same room**

<b>Rooms</b>	<b>Hotels 2 star</b>	<b>Hotels 3 star</b>	<b>Hotels 4 star</b>
<i>Triple</i>	<b>380 euro</b>	<b>420 euro</b>	<b>505 euro</b>
<i>Quadruple</i>	<b>370 euro</b>	<b>410 euro</b>	<b>495 euro</b>

**Extra days Hotels\*:**

<b>Rooms</b>	<b>Hotels 2 star</b>	<b>Hotels 3 star</b>	<b>Hotels 4 star</b>
<i>Triple</i>	<b>52 euro</b>	<b>60 euro</b>	<b>77 euro</b>
<i>Quadruple</i>	<b>50 euro</b>	<b>58 euro</b>	<b>75 euro</b>

\*Included city tax.

**- Package: Category B**

CSIT applicant organizations, other organizations / unions, companies and accompanying persons:

<b>Rooms</b>	<b>Hotels 2 star</b>	<b>Hotels 3 star</b>	<b>Hotels 4 star</b>
<i>Double</i>	<b>519 euro</b>	<b>573 euro</b>	<b>658 euro</b>
<i>Single</i>	<b>624 euro</b>	<b>678 euro</b>	<b>738 euro</b>
<i>Triple</i>	<b>514 euro</b>	<b>558 euro</b>	<b>653 euro</b>
<i>Quadruple</i>	<b>504 euro</b>	<b>548 euro</b>	<b>643 euro</b>

Hotels 5 stars: upon request

**Sports Hostels - only for gymnastics:**

*Standard* **483 euro**

*Superior* **518 euro**

**Extra days Hotels\*:**

<b>Rooms</b>	<b>Hotels 2 star</b>	<b>Hotels 3 star</b>	<b>Hotels 4 star</b>
<i>Double</i>	<b>58 euro</b>	<b>69 euro</b>	<b>86 euro</b>
<i>Single</i>	<b>79 euro</b>	<b>90 euro</b>	<b>102 euro</b>
<i>Triple</i>	<b>57 euro</b>	<b>66 euro</b>	<b>85 euro</b>
<i>Quadruple</i>	<b>55 euro</b>	<b>64 euro</b>	<b>83 euro</b>

**Extra days Sports Hostels\*:**

**Standard Hostels**    **Superior Hostels**

51 euro

58 euro

\*Included city tax.

**Special offers for kids and children**

**Into WSG2023 special package fees are tailor-made for children:**

- All children (both athletes and accompanying adults) up to 12 years old have special prices for accommodation (discounts – see below).
- Children who are accompanying people (not athletes) will be free of charge of the registration fees.

**Children accompanying adults**

**Until 2 years old:** the WSG package is free when children live with 2 adults in the same room

**2-6 years old when with min 2 adults in same room**

<b>Rooms</b>	<b>Hotels 2 star</b>	<b>Hotels 3 star</b>	<b>Hotels 4 star</b>
<i>Triple</i>	<b>240 euro</b>	<b>275 euro</b>	<b>340 euro</b>
<i>Quadruple</i>	<b>235 euro</b>	<b>265 euro</b>	<b>335 euro</b>

**Extra days Hotels\*:**

<b>Rooms</b>	<b>Hotels 2 star</b>	<b>Hotels 3 star</b>	<b>Hotels 4 star</b>
<i>Triple</i>	<b>40</b>	<b>47 euro</b>	<b>60</b>
<i>Quadruple</i>	<b>39</b>	<b>45 euro</b>	<b>59</b>

\*Included city tax.

**6-12 years old when with min 2 adults in same room**

Rooms	Hotels 2 star	Hotels 3 star	Hotels 4 star
<i>Triple</i>	300 euro	340 euro	425 euro
<i>Quadruple</i>	290 euro	330 euro	415 euro

**Extra days Hotels\*:**

Rooms	Hotels 2 star	Hotels 3 star	Hotels 4 star
<i>Triple</i>	52 euro	60 euro	77 euro
<i>Quadruple</i>	50 euro	58 euro	75 euro

\*Included city tax.

**Children as athletes Cat. B**

**Until 2 years old:** the WSG package is free when children live with 2 adults in the same room

**2-6 years old when with 2 min adults in same room**

Rooms	Hotels 2 star	Hotels 3 star	Hotels 4 star
<i>Double</i>	-	-	-
<i>Triple</i>	430 euro	465 euro	530 euro
<i>Quadruple</i>	425 euro	455 euro	525 euro

**Extra days Hotels\*:**

Rooms	Hotels 2 star	Hotels 3 star	Hotels 4 star
<i>Double</i>	-	-	-
<i>Triple</i>	40	47 euro	60
<i>Quadruple</i>	39	45 euro	59

\*Included city tax.

**6-12 years old when with min 2 adults in same room**

Rooms	Hotels 2 star	Hotels 3 star	Hotels 4 star
<i>Double</i>	-	-	-
<i>Triple</i>	490 euro	530 euro	615 euro
<i>Quadruple</i>	480 euro	520 euro	605 euro

**Extra days Hotels\*:**

Rooms	Hotels 2 star	Hotels 3 star	Hotels 4 star
<i>Double</i>	-	-	-
<i>Triple</i>	52 euro	60 euro	77 euro
<i>Quadruple</i>	50 euro	58 euro	75 euro

\*Included city tax.

<p><b>- Package: Category C</b></p>	<p>Participants, who do not use package category A or B pay <b>120 euros</b>. This package price <b>includes</b>: Local public transport in Cervia, Cesena, Cesenatico and Riccione, registration fee, welcome package and free chiropractic services by FICS (<b>Annex 6</b>)</p>
<p><b>- Package: Category L</b></p>	<p>Local participants from the region Emilia-Romagna, who do not use package category A or B or airport shuttle / public transport pay <b>80 euros</b>. This package price <b>includes</b>: Registration fee, welcome package and free chiropractic services by FICS (<b>Annex 6</b>)</p>
<p><b>Transportation:</b></p>	<p>Special branded (WSG-Logo) shuttle buses are available from and to the below mentioned airport and railway station.</p>
<p><b>Airports: Train station:</b></p>	<ol style="list-style-type: none"> <li>1. Bologna International Airport (BLQ)</li> <li>2. Bologna Centrale, Railway station</li> </ol>
<p><b>Registration: (ANNEX 11)</b></p>	<p>Via online-platform with details at: <b>Official Webpage WSG 2023:</b> <a href="http://www.csit.sport">www.csit.sport</a></p>
<p><b>Accreditation: (ANNEX 12)</b></p>	<p>Via online-platform with details at: <b>Official Webpage WSG 2023:</b> <a href="http://www.csit.sport">www.csit.sport</a></p> <ul style="list-style-type: none"> <li>• The Accreditation-Badge (Personal WSG2023 Pass) of all participants will be handed over upon arrival.</li> </ul>
<p><b>Preliminary on-line registration deadline:</b></p>	<ul style="list-style-type: none"> <li>• <b>until May the 26<sup>th</sup>, 2023 / (including 50% pre-payment)</b></li> </ul> <p>Just indicate number of persons, gender, sports discipline, hotel categories, estimated day of arrival and departure.</p>
<p><b>Definitive on-line registration deadline:</b></p>	<ul style="list-style-type: none"> <li>• <b>until June the 30<sup>th</sup>, 2023 (including remaining payment)</b></li> </ul> <p>Fill out names &amp; e-mail accounts of every participant, gender, sports discipline, age &amp; weight category, hotel categories, exact time of arrival / departure and travel details etc.</p>



<p><b>Payments:</b> (ANNEX 9)</p>	<p>Acc. to the preliminary &amp; definitive registration deadline:</p> <ul style="list-style-type: none"> <li>● <u>First payment</u> (50% of the total sum): &gt;&gt; <b>before May the 26<sup>th</sup> 2023</b></li> <li>● <u>Final payment</u> (remaining sum): &gt;&gt; <b>before June 30<sup>th</sup>, 2023</b></li> <li>● <b><u>Not respecting these deadlines will cause automatically a 30% penalty fee on all costs, which will be then automatically displayed in the online registration systems!</u></b></li> </ul>
<p><b>Cancellation Policy:</b> (ANNEX 10)</p>	<p>More information about accommodation and the cancellation policy can be found in <b>Annex 10</b></p>
<p><b>Right of participation:</b> (ANNEX 1)</p>	<ul style="list-style-type: none"> <li>● Eligibility: <b>Professional elite–athletes have no right to participate!</b></li> <li>● <u>All CSIT member unions and organizations, as well as non-members</u> have the right to participate in ALL competitions with <u>unlimited number of teams and athletes!</u></li> </ul>
<p><b>Health and Insurance policies</b></p>	<p>3 Special tailor-made insurance policies for WSG2023: 2 of them are Covid-19 related.</p> <ul style="list-style-type: none"> <li>● <b>A total cancellation policy covid-19 related:</b> each participant will be able to cancel the participation at the Games, by showing EMILIOC the positive result of the Covid-19 test. The participant will be fully reimbursed of all WSG package expenses. <b>The insurance policy is optional. The insurance is added on the registration platform and can be chosen with an additional cost of the total amount of the WSG package fee.</b> The registration process on the official website provides the declaration. <b>Further information will be delivered on the WSG2023 official website!</b></li> <li>● Acc. to the Sports Regulations of CSIT, basically participating Unions have to make sure that their participants have got individual health and accident insurance as well as repatriation assistance contracts. Acc. to the Italian legal framework a <b>WSG2023-Health Insurance</b> is provided to cover athletes and sports delegation’s members for all health risks related to the sport practice and participation at the official events from the arrival to the departure and linked to the official WSG 2023 sports facilities and facilities of the Opening and Closing Ceremonies. <b>The insurance policy is free for participants.</b></li> </ul>

	<ul style="list-style-type: none"> <li>● <b>An insurance policy tailor made for positive result of the Covid-19 test during the WSG2023:</b> in case of positive result of the test Covid-19 during the participation at the event the participant is obliged to undertake all the health measures among which the quarantine/ isolation measures and to delay the departure to go back home. An insurance policy can provide the participant a reimbursement to contribute to the supplementary expenses (accommodation, food etc.). <b>The insurance policy is optional</b> and added on the registration platform. It can be chosen with an additional cost to the total amount of the WSG package fee.</li> </ul> <p><b>Further information on the WSG2023 please find via <a href="http://www.csit.sport">www.csit.sport</a>!</b></p> <p>The registration process on the official website provides the declaration</p>
<p><b>CSIT Competition Regulations:</b></p>	<p>Each official sport in CSIT has its own sporting rules based on the international accepted rules incl. detailed eligibility criteria for athletes.</p> <p>The valid “CSIT SPORTS REGULATIONS” can be found at Services in the Download Center / Sports Regulations on: <a href="http://www.csit.sport">www.csit.sport</a></p>
<p><b>Fair Play Policy &amp; WADA Rules / Testing: (ANNEX 4 &amp; 5)</b></p>	<ul style="list-style-type: none"> <li>● Implementing Fair Play – Philosophy into the WSG</li> <li>● Championships and competitions will be organized under <b>WADA</b> Code regulations</li> </ul> <p>Each participant has to sign the <b>CSIT Anti-Doping Policy – Appendix 2 Form!</b></p>
<p><b>Internet – Wi-Fi &amp; APP for Smartphones &amp; Tablets: (ANNEX 12)</b></p>	<ul style="list-style-type: none"> <li>● Wi-Fi will be provided at all WSG hotels, hotels and in several sports venues.</li> <li>● A specific <b>WSG 2023-APP</b> for Smartphones &amp; Tablets will guide you through the week’s program.</li> </ul>
<p><b>Cultural Programme:</b></p>	<ul style="list-style-type: none"> <li>● Details will be on the Official WSG 2023 Webpage</li> <li>● Later in the WSG 2023-APP</li> </ul>

If you have any request or question, please do not hesitate to contact us anytime.

Looking forward to welcome you at the CSIT World Sports Games 2023!

Cordial greetings!

On behalf of CSIT

## **The Organizing Committee - EMILIOC**

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### **CONTACT INFORMATION**

#### **EMILIOC – Emilia Romagna Organizing Committee**

Associazione Italiana Cultura Sport (AiCS)  
Via Barberini n. 68 – 00187 Rome

#### **General Manager CSIT World Sports Games 2023**

Mr. Fabio Neroni

E-Mail: [wsg2023@aics.it](mailto:wsg2023@aics.it)

Tel.: +39 3349801690

#### **CSIT Office (General Secretary Wolfgang Burghardt)**

International Workers and Amateurs in Sports Confederation (CSIT)  
Steinergasse 12, 1230 Vienna, Austria

E-Mail: [office@csit.tv](mailto:office@csit.tv)

Tel.: +43 67684746425

#### **CSIT Sports Directors (responsible for Technical Sports Commissions of CSIT)**

General Contact: [sportsdirector@csit.tv](mailto:sportsdirector@csit.tv)

Henk Bouchoms: [bouchoms@csit.tv](mailto:bouchoms@csit.tv)

Georges Michel: [michel@csit.tv](mailto:michel@csit.tv)

Harold van Hest: [vanhest@csit.tv](mailto:vanhest@csit.tv)

#### **Non-CSIT Members & Companies & Organisations (Mr. Olivier Comont)**

E-Mail: [comont@csit.tv](mailto:comont@csit.tv) and [office@csit.tv](mailto:office@csit.tv)

#### **Information to journalists and media (CSIT Press Officer Raimund Fabi)**

E-Mail: [media@csit.tv](mailto:media@csit.tv)

#### **CSIT Online Platform & WSG 2023–APP (Mr. Roberto Vecchione)**

E-Mail: [roberto.vecchione@aics.it](mailto:roberto.vecchione@aics.it)

## Annex 1: CSIT Sports Championships

### **Right to participate:**

1. Basically the CSIT World Sports Games are open to ALL participants, but professional athletes have no right to participate!
2. Specific information about the right of participation in any CSIT sports can be found in the particular CSIT Sports Regulations of the Technical Commissions in chapter “eligibility criteria” as well as in the following sports championships chapter.
3. All CSIT member unions and organisations, as well as non-members have the right to participate in ALL competitions with unlimited number of teams and athletes.

### **Medals:**

All sports will have competitive character and the winners will receive medals for ranking from 1<sup>st</sup> to 3<sup>rd</sup> place.

### **Competition Program:**

The exact competition program per sport can be found on the official WSG 2023 Webpage and in the WSG 2023-APP before the start of the WSG in due time.

### **CSIT Sports Championships (open to all participants):**

<b>CSIT OFFICIAL CHAMPIONSHIPS 2023</b>	
<p>Competitions in these 30 kinds of CSIT sports will be carried out in accordance with the <b>CSIT Sports Regulations</b>, which can be found on the official “CSIT-Webpage” <a href="http://www.csit.sport">www.csit.sport</a> in the <i>SERVICE / Download Center / CSIT Sports Regulations</i>.</p> <p>Composition of the team just indicates the minimum number of participants to participate in all disciplines/categories per sport and unions/organisations <b>can send more than 1 team</b> per sport.</p>	
<b>Football</b>	<p><b><u>Eligibility criteria:</u></b> Players are allowed to participate in CSIT Football Championships when they are not playing in professional national or international leagues.</p> <p><b><u>Team competitions – men and women (16 years and older)</u></b> <b>Composition of the teams:</b> 11 players, 7 substitutes, 1 referee, 1 coach, 1 doctor or assistant coach, 1 team manager – 22 persons in total</p>
<b>Mini football</b>	<p><b><u>Eligibility criteria:</u></b> professional players who take part in national championships cannot participate in CSIT Championships.</p> <p><b><u>Team competitions – men and women (16 years and older)</u></b></p> <p><b><u>Composition of the teams:</u></b> <b>Men:</b> 4 players, 1 goalkeeper, 4 substitutes, 1 referee, 1 coach, 1 head of team – 12 persons in total <b>Women:</b> 4 players, 1 goalkeeper, 4 substitutes, 1 referee, 1 coach, 1 head of team – 12 persons in total. Participants play with sports shoes or football shoes with rubber cleats. <b>Men</b> – two halves of 20 minutes each. <b>Women</b> – two halves of 15 minutes each</p>

<p><b>Beach Soccer</b></p>	<p><b><u>Eligibility criteria</u></b>  Players are allowed to participate in CSIT Beach Soccer Championships when they are not playing in professional national or international leagues.</p> <p><b><u>Team competitions Men and /Women:</u></b>  Year of birth for team:</p> <ul style="list-style-type: none"> <li>• 2004 and older</li> <li>• 2005-2006</li> <li>• 2007-2008</li> <li>• 2009-2010</li> <li>• 2011-2012</li> <li>• 2013-2014</li> <li>• 2015-2016</li> </ul> <p><b><u>Team composition</u></b>  4 players, 1 goalkeeper, 7 substitutes, 1 coach, 1 head of the team</p>
<p><b>Athletics</b></p>	<p><b><u>Eligibility criteria:</u></b> Athletes who participated during the last 4 years in Olympic Games, IAAF World Championships or any Continental Championships (European, African, Asian, Oceanian, Pan American Games) are not allowed to compete in CSIT World Sports Games or CSIT Championships.</p> <p><b><u>Individual championships – Men and Women</u></b></p> <p>16 Years Women: 100 m, 200 m, 400 m, 800 m, 1.500 m, high jump, long jump, triple jump, pole vault.</p> <p>Senior Women: 100 m, 200 m, 400 m, 800 m, 1.500 m, 5.000 m, 100 m hurdles, 400 m hurdles, high jump, long jump, triple jump, pole vault, shot put, discus throw, javelin throw, hammer throw, walk 3 km.</p> <p>Women's Masters: F35/F40/F45 Separate and rewarded ranking in the same disciplines as for the senior women's class.</p> <p>16 Years Men: 100 m, 200 m, 400 m, 800 m, 1.500 m, high jump, long jump, triple jump, pole vault.</p> <p>Senior Men: 100 m, 200 m, 400 m, 800 m, 1.500 m, 5.000 m, 10.000 m, 110 m hurdles, 400 m hurdles, 3.000 m steeplechase, high jump, long jump, triple jump, pole vault, shot put, discus throw, javelin throw, hammer throw, walk 5 km.</p> <p>Men's Masters: M35/M40/M45 Separate classification and rewarded in the same disciplines as for the senior men's class.</p> <p>Relays – one team per union  Women: 4 x 100 m and 4 x 400 m.  Men: 4 x 100 m and 4 x 400 m.</p> <p><b><u>Team championships – Men and Women</u></b></p> <p>The team competition is based on senior class competition only.  Events taken into account for Team competitions classification:  Women: 100 m, 200 m, 400 m, 800 m, 1.500 m, 400 m hurdles, high jump, long jump, shot put, discus throw, relay 4 x 100 m.</p>

	<p>Men: 100 m, 200 m, 400 m, 800 m, 1.500 m, 5.000 m, 400 m hurdles, high jump, long jump, shot put, discus throw, relay 4 x 100 m.</p> <p><b><u>Composition of the team:</u></b>  A team is composed of:</p> <ul style="list-style-type: none"> <li>• 18 women athletes (including 3 athletes walkers) + 1 coach</li> <li>• 18 men athletes (including 3 athletes walkers) + 1 coach</li> <li>• head of delegation (first team)</li> </ul>
<p><b>Volleyball</b></p>	<p><b><u>Eligibility criteria:</u></b>  Volleyball professional players cannot participate in the official indoor volleyball championships (promotional championships are excluded from this criteria).  Athletes who participated during the last 2 years by representing their national country in the Olympic Games or a competition organized by the FIVB (Nations League, World Championships and its qualifying tournaments), or a competition organized by the CEV (Europe), the AVC (Asia &amp; Oceania), the CAVB (Africa), the CSV (South America), the NORCECA (North and Central America), cannot participate in the CSIT official Championships as players.</p> <p><b><u>Team competitions:</u></b>  <b>Open men, women and mixed (no age category)</b></p> <p><b><u>Age categories:</u></b></p> <ul style="list-style-type: none"> <li>• <b>JUNIOR MEN:</b> up to 18 years</li> <li>• <b>JUNIOR WOMEN:</b> up to 18 years</li> <li>• <b>MASTERS MEN:</b> 40 years and older</li> <li>• <b>MASTERS WOMEN:</b> 35 years and older</li> <li>• <b>ULTRA MASTERS MEN:</b> 50 years and older</li> <li>• <b>ULTRA MASTERS WOMEN:</b> 50 years and older</li> <li>• <b>OPEN MIXED OVER:</b> 40 years and older</li> </ul> <p><b><u>Composition of the teams:</u></b></p> <ul style="list-style-type: none"> <li>• 14 players (including 2 libero players)</li> <li>• 1 or 2 coaches</li> <li>• 1 or 2 referees (if admitted from the host Union)</li> <li>• 1 team manager / head of the official Union delegation</li> </ul>
<p><b>Beach Volleyball</b></p>	<p><b><u>Eligibility criteria:</u></b>  Only amateur players can participate.  Athletes who participated during the last 2 years as representing their country in the Olympic Games or a beach volley competition organized by the FIVB or a Continental Confederation (not taking into account the age group competitions for the age categories 20 years and younger) cannot participate in the CSIT Beach Volleyball competitions.</p> <p><b><u>Team competitions – men and women</u></b></p> <ul style="list-style-type: none"> <li>• OPEN SENIOR 3x3 MEN and WOMEN: age: 16 years and older</li> <li>• OPEN MIXED 2x2: age: 16 years and older</li> <li>• MASTERS MEN 3x3: age: 40 years and older</li> <li>• MASTERS WOMEN 3x3: age: 35 years and older</li> </ul>

	<ul style="list-style-type: none"> <li>• ULTRA MASTERS MEN 3×3: age: 50 years and older</li> <li>• ULTRA MASTERS WOMEN 3x3: age: 50 years and older</li> </ul> <p><b><u>Composition of the teams:</u></b></p> <ul style="list-style-type: none"> <li>• OPEN SENIORS OR MASTERS 3x3: 5 players (3 plus 2 possible substitutes), 1 coach, 1 referee (desirable), 1 team manager. In total 8 persons.</li> <li>• OPEN MIXED: 2 players (1 man and 1 woman), 1 coach. In total 3 persons.</li> </ul>
<b>Basketball</b>	<p><b><u>Eligibility criteria:</u></b> players are allowed to participate in CSIT championships when they are not playing in professional national leagues.</p> <p><b><u>Team competitions – men and women</u></b> Juniors up to 18 years old; Seniors 19 years and older; Over 40 years and older</p> <p><b><u>Composition of the teams:</u></b> <b>Men:</b> 12 players, 1 referee, 1 coach, 1 head of team – 15 persons in total <b>Women:</b> 12 players, 1 referee, 1 coach, 1 head of team – 15 persons in total</p>
<b>Basketball 3x3</b>	<p><b><u>Eligibility criteria:</u></b> A player can participate in CSIT Basketball 3X3 games when he/she is not registered as a professional player in his/her country or in another country. A player cannot participate in CSIT Basketball 3X3 games if he/she plays in the national team of his/her country. A player cannot participate in CSIT Basketball 3 X 3 games if he/she plays in the first two leagues of his/her country, even if he/she is not registered as a professional player.</p> <p><b><u>Team competitions – men and women</u></b> Juniors up to 18 years old; Seniors 19 years and older; Over 40 years and older</p> <p><b><u>Composition of the teams:</u></b> <b>Men:</b> 4 players, 1 coach, 1 team manager / head of the official union delegation <b>Women:</b> 4 players, 1 coach, 1 team manager / head of the official union delegation</p>
<b>Tennis</b>	<p><b><u>Eligibility criteria:</u></b> players with ATP or WTA points are not allowed to participate.</p> <p><b><u>Mixed team Tournament all ages Men and Women (18 years and older)</u></b> <b><u>Mixed team Tournament for veterans: age Women 40+, Men 45+</u></b></p> <p><b><u>Composition of the team:</u></b> A team is composed of 3 male players and 1 female player. 2 substitutes are allowed. – 6 persons in total</p>
<b>Padel</b>	<p><b><u>Eligibility criteria:</u></b> Participants (men, women and juniors) ranked in the Padel FIP Ranking cannot participate in CSIT Championships.</p> <p><b><u>Team competitions:</u></b> Ages: The category in teams are open.</p>

	<p>Juniors and seniors players can be included in the same team.</p> <p><b><u>Composition of the team:</u></b>  Each team shall consist of:</p> <ul style="list-style-type: none"> <li>• 1 captain</li> <li>• Minimum of two (2) and a maximum of three (3) male players</li> <li>• Two (2) female players.</li> <li>• One (1) substitute male and one (1) female is allowed.</li> </ul>
<p><b>Beach Tennis</b></p>	<p><b><u>Eligibility criteria:</u></b> Participants (men &amp; women) ranked in the first one hundred (100) beach tennis ITF ranking list ATP and/or WTA (tennis) players cannot participate in CSIT Championships.</p> <p><b><u>Competitions</u></b>  Ages: The age category in teams are open. Juniors and seniors players can be included in the same team.</p> <p><b><u>Composition of the teams:</u></b>  Each team shall consist of:</p> <ul style="list-style-type: none"> <li>• 1 captain</li> <li>• Minimum of two (2) and a maximum of three (3) male players</li> <li>• Two (2) female players.</li> <li>• One (1) substitute man and one (1) female is allowed.</li> </ul>
<p><b>Table Tennis</b></p>	<p><b><u>Eligibility criteria:</u></b> Participation in CSIT World Sports Games and single CSIT Championships is not allowed for table tennis players appearing in the ITTF world ranking of the ten (10) years preceding the championships</p> <p><b><u>Competition &amp; age categories</u></b></p> <ul style="list-style-type: none"> <li>• TEAM Men - three (3) players), 18 to 50 years</li> <li>• TEAM Women - two (2) players), 18 to 50 years</li> <li>• TEAM Juniors Boys - two (2) players, younger than 18 years</li> <li>• TEAM Juniors Girls - two (2) players), younger than 18 years</li>   <li>• SINGLES Men, 18 to 50 years</li> <li>• SINGLES Women, 18 to 50 years</li> <li>• SINGLES Juniors Boys, younger than 18 years</li> <li>• SINGLES Juniors Girls, younger than 18 years</li> <li>• SINGLES Veterans, older than 50 years</li>   <li>• DOUBLES Men, 18 to 50 years</li> <li>• DOUBLES Women, 18 to 50 years</li> <li>• DOUBLES Mixed, 18 to 50 years</li> <li>• DOUBLES Juniors Boys, younger than 18 years</li> <li>• DOUBLES Juniors Girls, younger than 18 years</li> </ul> <p><b><u>Composition of the teams:</u></b></p> <ul style="list-style-type: none"> <li>• 1 head of delegation</li> <li>• 1 coach</li> <li>• Team of 3 males players (maximum of 4 players)</li> <li>• Team of 2 females players (maximum of 3 players)</li> <li>• Team of 2 Juniors boys (maximum of 3 players)</li> <li>• Team of 2 Juniors girls (maximum of 3 players)</li> </ul>



<p><b>Karate</b></p>	<p><b><u>Eligibility criteria:</u></b>  Medalists from last of any World or Continental Championship and athletes placed in the Top 50 of the WKF World Ranking cannot participate in CSIT Karate Championships.  Reference date is 10 days before the individual CSIT championship or WSG.</p> <p><b><u>Competitions:</u></b> Age and weight categories  <b><u>Discipline: KATA</u></b> (Male and Female in separate categories)  Category Age  Cadet 14/15  Juniors 16/17  Seniors 16 +  Masters 35 +  Note: Age group Masters can be further divided in more age sub-categories.</p> <p><b><u>Discipline: KUMITE</u></b>  Category Age Gender Duration Weight in kg.  Cadet 14/15 Female 2 min. -47, -54, +54  Cadet 14/15 Male 2 min. -52, -57, -63, -70, +70  Juniors 16/17 Female 2 min. -48, -53, -59, +59  Juniors 16/17 Male 2 min. -55, -61, -68, -76, +76  Seniors 18 + Female 2 min. -50, -55, -61, -68, +68  Seniors 18 + Male 3 min. -60, -67, -75, -84, +84</p> <p><b><u>Seminar</u></b>  To demonstrate by example the values of both CSIT and the dojo-kun, we want to share knowledge, pleasure and mutual respect. Therefore, a seminar will be organized to train together on the first day of the event.</p> <p><b><u>Subscribe now to enter the seminar</u></b>  If you are interested in teaching at the seminar (a block of 1 hour) and interested in the WSG, please let us know by email: <a href="mailto:info@vva.be">info@vva.be</a></p>
<p><b>Chess</b></p>	<p><b><u>Eligibility criteria:</u></b>  The participation is open to all players who have FIDE (World Chess Federation) ID Number.</p> <p><b><u>Competitions:</u></b></p> <p><b>1. <u>Team Rapid Championship (TRC)</u></b>  Every team will be composed of 4 players (men and/or women) and 1 reserve (optional).  Players with a FIDE Rapid Rating (as per January 1st of the championship year) of more than 2300 cannot take part in the championship.</p> <p><b>2. <u>Individual Blitz Championship (IBC)</u></b>  Players with a FIDE Blitz Rating (as per January 1, 2023) of more than 2300 cannot take part in this championship.</p>

<p><b>Pétanque</b></p>	<p><b><u>Eligibility criteria:</u></b>  Not allowed to participate are players who participate(d) in/as:</p> <ul style="list-style-type: none"> <li>• World Championships</li> <li>• Professionals</li> <li>• Having 3 participations at the World Games</li> </ul> <p>Allowed to participate are players with 3 years of license in the same club</p> <p><b><u>Team competitions – men and women (18 years and older)</u></b>  <b>Composition of the teams:</b></p> <ul style="list-style-type: none"> <li>• 1 head of delegation</li> <li>• 1 technical manager 1 male referee</li> <li>• 1 technical manager 1 female referee</li> <li>• 8 men's doubles (16 people)</li> <li>• 4 women (who will play head-to-head or doublettes depending on the participation and the decision of the Technical Committee).</li> <li>• one mixed team</li> </ul>
<p><b>Wrestling</b></p>	<p><b><u>Eligibility criteria:</u></b> athletes/medalists who participated during the last 4 years in Seniors World Championships or Olympic Games cannot participate in CSIT Championships.</p> <p><b><u>Individual and team competitions Cadets and Seniors – men</u></b>  During the CSIT World Sport Games the age and weight categories are as follows for Wrestling and Beach Wrestling</p> <p>More than one team per gender or mixed teams per Union can participate.</p> <p><b><i>Greco-Roman wrestling men:</i></b></p> <ul style="list-style-type: none"> <li>• <b>Cadets: 16-17 years (from 15 with medical and parental certificate)</b></li> <li>• <b>Seniors: 18 years and older (from 17 with medical certificate)</b></li> </ul> <p><b>Weight categories</b>  <b><i>Greco-Roman wrestling men:</i></b></p> <ul style="list-style-type: none"> <li>• <b>Cadets individual:</b> 41-45, 48, 51, 55, 60, 65, 71, 80, 92, 110 kg</li> <li>• <b>Seniors individual:</b> 55, 60, 63, 67, 72, 77, 82, 87, 97, 130 kg</li> <li>• <b>Teams:</b> 55, 60, 63, 67, 72, 77, 82, 87, 97, 130 kg</li> </ul> <p>Cadets Greco-Roman are allowed to participate in Cadets as well in the Seniors category in the same Wrestling Championship, however, wrestlers aged 17 in the year concerned must provide a medical certificate and parental authorization. Wrestlers aged 16 in the year in question may not participate in senior competitions.</p> <p><b><u>Composition of the teams:</u></b></p> <ul style="list-style-type: none"> <li>• 1 team leader</li> <li>• 2 coaches</li> <li>• 1 referee</li> <li>• 10 cadet wrestlers</li> <li>• 10 senior wrestlers</li> </ul>
<p><b>Beach Wrestling</b></p>	<p><b><u>Eligibility criteria:</u></b> athletes/medalists who participated during the last 4 years in Seniors World Championships or Olympic Games cannot participate in CSIT Championships.  Participants in Judo and Karate can participate if the eligibility criteria is</p>

	<p>respected, and the sport programs doesn't conflict.</p> <p><b>Beach wrestling men and women:</b></p> <ul style="list-style-type: none"> <li>Seniors: 18 years and older (from 17 with medical certificate)</li> </ul> <p><b>Weight category:</b>  <b>Men:</b> 70, 80, 90 +90 kg  <b>Women:</b> 60, 70, +70 kg</p> <p><b><u>Composition of the teams:</u></b></p> <ul style="list-style-type: none"> <li>1 team leader</li> <li>1 coach</li> <li>1 referee</li> <li>4 men</li> <li>4 women</li> </ul>
<p><b>Judo</b></p>	<p><b><u>Eligibility criteria:</u></b> Judokas in the top 100 of the official IJF Ranking (General Junior/Senior class) cannot participate in the CSIT Championships. This will be checked so that there is certainly no prof judoka who will participate. Reference date is 10 days before the individual CSIT championship or World Sports Games.</p> <p><b>CADETS/JUNIORS/SENIORS/MASTERS:</b> 12 years till 40 years old, 40 years &amp; older</p> <p>For the 2023 World Games, depending on the number of participants, we will organise a competition open to seniors (men and women).  If there are not enough participants in the separate categories of juniors, seniors, and masters, male and female, they will be merged after the weighing and they will be placed together in the same weight category  We will also organise kata demonstrations at the opening of the competitions at the 2023 World Sports Games. Participating unions can nominate 2 judokas for these demonstrations</p> <p>For the CSIT WSG Championships there will be only the following weight categories: men, woman and masters together.</p> <p><b>MEN:</b> -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg  Time of fights: <b><u>4minutes</u></b></p> <p><b>WOMEN:</b> -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg  Time of fights: <b><u>4minutes</u></b></p> <p><b><u>Team competitions</u></b>  More than one team, men and/or woman, per Union can participate.</p> <p><b><u>categories:</u></b></p> <p>- <b>Men:</b> up to 60 kg, up to 66 kg, up to 73 kg, up to 81 kg, up to 90 kg, up to 100 kg, over 100 kg  <b>Duration of the game:</b> 4 minutes</p> <p>- <b>Women:</b> up to 48 kg, up to 52 kg, up to 57 kg, up to 63 kg, up to 70 kg, up to 78 kg, over 78 kg  <b>Duration of the game:</b> 4 minutes</p>

	<p><b>MEN:</b> 7 competitors by team, 1 by weight category. Time of fights: 4minutes  <b>WOMEN:</b> 7 competitors by team, 1 by weight category. Time of fights: 4min.</p> <p><b><u>Composition of the teams:</u></b>  <b>Men:</b> 7 athletes (1 in each category), 1 referee, 1 coach, 1 head of delegation – 10 persons in total  <b>Women:</b> 7 athletes (1 in each category), 1 referee, 1 coach, 1 head of delegation – 10 persons in total.</p> <p><b><u>Special attention</u></b></p> <ul style="list-style-type: none"> <li>- At the official rewarding ceremony, no flags and / or religious symbols will be displayed on the stage.</li> <li>- After the official medal ceremony, it can pose with the national flags.</li> <li>- National hymns can / will be played during the official medal ceremonies.</li> <li>- Because this is a sport event, no political and / or religious acts will be performed. If so, then these will immediately be disqualified and removed from the sports hall.</li> <li>- Female athletes will not be allowed to wear a headscarf / hijab during the competition. Those female judokas can only take part in the judo competition, and they will fight according to the principle and spirit of judo, so without a headscarf/ hijab.</li> </ul>										
<p><b>Choreographic Group Gymnastic</b></p>	<p><b><u>Eligibility criteria:</u></b>  Gymnastics (athletes) who have participated during the last 4 years in any Gymnastics World Championships or any Continental Championships (European, African, Asian, Oceanian, Pan American Games) are not allowed to compete in CSIT World Sports Games or CSIT Championships.</p> <p><b><u>Competition categories:</u></b></p> <ul style="list-style-type: none"> <li>• 16-18 years old</li> <li>• 18-25 years old</li> <li>• 25 years old and older. This series has no upper age limit.</li> <li>• 35 years old and older. This series has no upper age limit.</li> <li>• 45 years old and older. This series has no upper age limit.</li> </ul> <p><b><u>Team competitions – men and women:</u></b>  <b>Composition of the teams:</b> minimum of 6 gymnastics. Team can consist of any gender or be a mix of genders.</p> <p>One third of a team’s gymnasts may be over or under the age limit by 2 years in 16-18 and 18-25 series. There is no upper age limit for the series of 25 years and above,</p>										
<p><b>Artistic Gymnastic</b></p>	<p><b><u>Composition of the teams:</u></b> 3 to 5 athletes, 1 coach  <b><u>Individual and Team competitions – men/woman</u></b></p> <table border="0"> <tr> <td>E1</td> <td>Age 9-10 years</td> </tr> <tr> <td>E2</td> <td>Age 11-12 years</td> </tr> <tr> <td>E3</td> <td>Age 13-15 years</td> </tr> <tr> <td>E4</td> <td>Age 16-34 years</td> </tr> <tr> <td>E5</td> <td>Age &gt; 35 years</td> </tr> </table>	E1	Age 9-10 years	E2	Age 11-12 years	E3	Age 13-15 years	E4	Age 16-34 years	E5	Age > 35 years
E1	Age 9-10 years										
E2	Age 11-12 years										
E3	Age 13-15 years										
E4	Age 16-34 years										
E5	Age > 35 years										

<p><b>Rhythmic Gymnastic</b></p> <p><b>Groups Rhythmic Gymnastic</b></p>	<p><b><u>Eligibility criteria:</u></b>  <b><i>Are not permitted to participate:</i></b>  Athletes who participated during the last 4 years by representing their National Country in the Olympic Games or a competition organized by the FIG or its Continental Union (World or Continental Championship, World or Continental Cups and its qualifying championships) or being part of the National Team cannot participate in the CSIT Championships.</p> <p><b><i>Allowed to participate:</i></b>  Athletes who participate during the last 2 years by representing their Club in highest national championship level series can <b><u>only</u></b> participate in level A individual, group and team competition.</p> <p><b><u>Individual competition:</u></b></p> <table border="0"> <tr><td>Children</td><td>8 yrs.</td></tr> <tr><td>Espoire</td><td>&lt; 10 yrs.</td></tr> <tr><td>Pre junior</td><td>&lt; 12 yrs.</td></tr> <tr><td>Junior 1</td><td>&lt; 14 yrs.</td></tr> <tr><td>Junior 2</td><td>&lt; 16 yrs</td></tr> <tr><td>Senior</td><td>&gt; 16 yrs</td></tr> </table> <p><b><u>Composition of the teams:</u></b> 3 to 5 athletes, 1 referee, 1 coach</p> <p><b><u>Team competitions – women</u></b></p> <table border="0"> <tr><td>Espoire</td><td>8 - 11 yrs.</td></tr> <tr><td>Juniors</td><td>12 - 15 yrs.</td></tr> <tr><td>Seniors</td><td>16 yrs and older</td></tr> </table>	Children	8 yrs.	Espoire	< 10 yrs.	Pre junior	< 12 yrs.	Junior 1	< 14 yrs.	Junior 2	< 16 yrs	Senior	> 16 yrs	Espoire	8 - 11 yrs.	Juniors	12 - 15 yrs.	Seniors	16 yrs and older
Children	8 yrs.																		
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Senior	> 16 yrs																		
Espoire	8 - 11 yrs.																		
Juniors	12 - 15 yrs.																		
Seniors	16 yrs and older																		
<p><b>Gymnastic Acrobatics</b></p>	<p><b><u>Disciplines:</u></b>  W2 – Woman’s pair / WP  W3 – Woman’s group / WG  MX – Mixed pair / MxP  M2 – Men’s pair / MP  M4 – Men’s group / MG  F4 – Women’s group / WG4</p> <p><b><u>Age Classification:</u></b>  class 1 / 6- 13 years  class 2 / 8 – 19 years  the age difference can’t be more than 8 years between the youngest and the oldest gymnast (important; year of birth)</p>																		
<p><b>Gymnastic Aerobics</b></p>	<p><b><u>Eligibility criteria:</u></b>  Athletes placed (from 2 year before CSIT competition) in the Top 50 of the World Ranking (FIG) in Kadets, Juniors, Seniors categories cannot participate in CSIT Aerobic Championship.  Reference date is 30 days before the CSIT Championship.</p> <p><b><u>Age groups categories:</u></b></p> <table border="0"> <tr><td>Kids</td><td>11 year and younger</td></tr> <tr><td>Kadets</td><td>12 – 14 years</td></tr> <tr><td>Juniors</td><td>15 – 17 years</td></tr> <tr><td>Seniors</td><td>18 +</td></tr> </table> <p><b><u>Categories:</u></b></p> <table border="0"> <tr><td>IM</td><td>Individual man</td><td>1 male competitor</td></tr> </table>	Kids	11 year and younger	Kadets	12 – 14 years	Juniors	15 – 17 years	Seniors	18 +	IM	Individual man	1 male competitor							
Kids	11 year and younger																		
Kadets	12 – 14 years																		
Juniors	15 – 17 years																		
Seniors	18 +																		
IM	Individual man	1 male competitor																	

	<p>IW Individual woman 1 female competitor  MP. Mixed pair 1 male/1 female competitor  TR. Trios 3 competitors (males/females/mixed)  GR. Groups. 5 competitors (males/females/mixed)</p>
<p><b>Gymnastic Aerials</b></p>	<p><b><u>Category Junior:</u></b>  Talent U9, U12, U14 and U18  Amateur. U9, U12, U14 and U18  Emergents U9, U12, U14 and U18</p> <p><b><u>Category Senior:</u></b>  Talent U30, U40, O40, O50, O60  Amateur. U30, U40, O40, O50, O60  Emergents U30, U40, O40, O50, O60</p> <p><b>Categories double and groups:</b>  It will be possible to compete in doubles or in groups, in this case the categories will not be diversified according to the number of members; therefore, groups composed of 2 people or more will be included in the same ranking. Differentiation is determined based on race experience and technical skills. In case at least one of the athletes present in the group has technical skills or high experience in competitions the whole group will have the upper category. It is recommended to create groups with athletes who have the same skills and experience so as not to incur in shifts during the competition.  <b>Categories will not be divided according to age as in the individual.</b> They will only be divided by junior athletes from senior. In case one or more athletes compete with a senior the group will be placed in the senior section.</p> <p><b>Talents junior</b> born up to 2006 <b>senior</b> born from 2007 on <b>Amateurs junior</b> born up to 2006 <b>senior</b> born from 2007 on <b>Emergents. junior</b> born up to 2006. <b>senior</b> born from 2007 on</p>
<p><b>Gymnastic Acrodance</b></p>	<p><b><u>Age category individual:</u></b>  Primary (2015 – 2012)  Junior (2011 – 2008)  Teen (2007 – 2005)  Senior. (2004..... )</p> <p><b><u>Age category duo and group (max 6 participants)</u></b>  Primary (2015 – 2012)  Junior. (2011 – 2008)  Teen. (2007 – 2005)  Senior. (2004..... )</p> <p><b><u>Age category (team &gt; 6 participants)</u></b>  Primary (2016 – 2013)  Junior. (2012 – 2009)  Teen. (2008 – 2006)  Senior (2006..... )  Ensemble without limitation of age.</p>

<p><b>Gymnastic Parkour</b></p>	<p><b><u>Age chase game:</u></b>  - 9 – 10 year  - 11 – 12 year</p> <p><b><u>Team competition:</u></b>  # Children only  # Team 3- 5 members  # Team can be male only, female only or mixed</p> <p><b><u>Age speed:</u></b>  - Junior 13 – 15 year  - Senior 16 year and older</p> <p><b><u>General rules:</u></b>  * Man’s and women individual competition  * Team competition (relay of 2 / relay of 4)  * Team consisting of 2 -4 members  * Competition of the teams will be divided: male, female, mixed  * Maximum 2 individualists in a team</p> <p><b><u>Age flowart:</u></b>  - 9 – 10 year  - 11- 12 year  - Junior 13 -15 year  - Senior 16 year and older</p> <p><b><u>General rules:</u></b>  * Men’s and women’s individual competition  * Team competition will be divided male, female, mixed (the team made up of 2 members)</p>
<p><b>Gymnastic Teamgym</b></p>	<p><b><u>Eligibility criteria:</u></b>  Gymnasts of National Federations, also if licensee in a labour federation adherent at the CSIT, participating in groups and trainings with the aim to represent their National Federation in to competitions organized by the FIG or its Continental Union cannot participate.  Professional athletes (member of national representatives, also as reserves, who have participated in continental championships in the last 3 years) have no right to participate.</p>

	<p><b><u>Category Teamgym section (6-10 gymnasts male/female/mixed):</u></b>  Youth 1: 2012/2013/2014/2015  Youth 2: 2011/2010  Junior: 2009/2008  Senior: 2007/1988  Master: 1987 →</p> <p><b><u>Category micro team section (3- 5 gymnasts male/female/mixed):</u></b>  Youth 1 Trio: 2012/2013/2014/2015  Youth 2 Trio: 2011/2010  Junior Trio: 2009/2008  Senior Trio: 2007/1988  Master Trio: 1987 →</p>
<p><b>Mamanet</b></p>	<p><b><u>Eligibility criteria</u></b>  Players are allowed to participate in the CSIT MAMANET Championships as long as they don't play in any professional Volleyball league. (In the first national or international leagues or being paid for playing any professional sport</p> <p><b><u>Competition &amp; age categories</u></b>  <u>Mandatory:</u> CSIT Mamanet championship for GROUP A (mothers of any age and women 30 years and over who are registered on the Mamanet website) will take place every 2 years during the CSIT world sport games.  <u>Optional:</u> CSIT Mamanet championship for GROUP B (women 18 years and over) may take place every 2 years during the CSIT world sport games based on registration and court availability.</p> <p><b><u>Composition of the teams</u></b></p> <ul style="list-style-type: none"> <li>• 14 players</li> <li>• 1 referee</li> <li>• 1 Coach</li> <li>• 1 Team Manager/Head of the official union delegation</li> </ul>
<p><b>Swimming</b></p>	<p><b><u>Eligibility criteria:</u></b>  Competitors with a better ranking then step 17 in the “RUDOLPH-Tabelle” are not allowed to take part in the championships.  The actual “RUDOLPH-Tabelle” you will find below.  Masters swimmers which have participated in Olympic Games, in open World championships or in Continental championships during the last 4 years are not allowed to take part in the Masters championships.</p> <p><b><u>Regular and Masters:</u></b>  <b>Delegation:</b> 1 head of the delegation, no limitations to the number of swimmers, 2 or more coaches depending on the number of swimmers.  <b>Regular:</b> Individual and relay competitions – men and women  <b>Juniors ages:</b> 13 years and younger, 14 and 15 years old; 16 and 17 years old; 18 years and older;  <b>Masters:</b> Individual and relay competitions – men and women  <b>Masters ages:</b> from 25 to 29 years old; from 30 to 34 years old; from 35 to 40 years old, from 41 years old so on with 5 years steps  50 m, 100 m and 200 m backstroke – men and women  50 m, 100 m and 200 m breaststroke – men and women  50 m, 100 m and 200 m butterfly – men and women  50 m, 100 m, 200 m and 400 m freestyle – men and women  200 m individual medley – men and women</p>



4 x 50 m freestyle relay – men and women  
 4 x 100 m freestyle relay – men and women  
 4 x 100 m medley relay – men and women

**Composition of the teams for the relay competitions:**

**Men:** 4 athletes

**Women:** 4 athletes

**Remark:** Swimmers of 25 years and older have to decide to participate in Regular or Masters. It is not possible to participate in both.

Eligibility for participating in CSIT championships: Competitors with a better ranking of step 17 in the “RUDOLPH-Tabelle” in any competition are not permitted to take part in the championships. The actually “RUDOLPH-Tabelle” will be provided as an appendix to the invitations of the championships.

Age group	50 fly	50 back	50 breast	50 free	100 fly	100 back	100 breast	100 free
14/15	0.27.71	0.29.73	0.32.78	0.26.15	1.01.56	1.03.76	1.11.26	0.56.65
Girls	200 fly	200 back	200 breast	200 free	200 I.M.	400 free		
	2.16.29	2.16.82	2.34.19	2.02.77	2.18.73	4.19.07		

Age group	50 fly	50 back	50 breast	50 free	100 fly	100 back	100 breast	100 free
16/17	0.27.41	0.29.18	0.32.41	0.25.94	1.00.80	1.02.67	1.10.44	0.56.31
Girls	200 fly	200 back	200 breast	200 free	200 I.M.	400 free		
	2.14.79	2.14.95	2.31.84	2.00.80	2.16.48	4.15.72		

Age group	50 fly	50 back	50 breast	50 free	100 fly	100 back	100 breast	100 free
18 elder	0.26.65	0.28.59	0.31.55	0.25.26	00.59.19	01.01.32	1.08.67	0.54.94
Girls	200 fly	200 back	200 breast	200 free	200 I.M.	400 free		
	2.11.15	2.12.00	2.28.09	1.59.10	2.14.92	4.10.49		

Age group	50 fly	50 back	50 breast	50 free	100 fly	100 back	100 breast	100 free
14/15	0.25.63	0.27.42	0.30.32	0.23.96	0.56.40	0.59.10	1.06.68	0.52.53
Boys	200 fly	200 back	200 breast	200 free	200 I.M.	400 free		
	2.07.23	2.08.47	2.24.94	1.54.77	2.09.16	4.05.39		

Age group	50 fly	50 back	50 breast	50 free	100 fly	100 back	100 breast	100 free
16/17	0.24.87	0.26.47	0.29.24	0.23.42	0.55.11	0.56.96	1.04.20	0.51.31
Boys	200 fly	200 back	200 breast	200 free	200 I.M.	400 free		
	2.02.69	2.04.63	2.18.33	1.52.28	2.06.22	3.58.51		

Age group	50 fly	50 back	50 breast	50 free	100 fly	100 back	100 breast	100 free
18 elder	0.23.79	0.25.32	0.27.74	0.22.47	0.52.74	0.54.62	1.00.87	0.49.31
Boys	200 fly	200 back	200 breast	200 free	200 I.M.	400 free		
	1.58.56	1.59.56	2.12.78	1.48.13	2.00.95	3.49.07		

## **Annex 2: Physical activities for SENIORS/ ELDERLY people (55+)**

**Target group:** Seniors 55+, who can walk and move without problems. Also: trainers/instructors with experience in and interest in physical activities for seniors.

**Ages and gender:** 55 years and older for the active seniors. No age limit for trainers/instructors. Both females and males are welcome.

**Providers of activities:** Some member unions with experience in physical activities for seniors will be responsible for the activity program. Trainers/Instructors can exchange experiences and knowledge.

**Activities for seniors:** During the World Sport Games in Cervia seniors will participate in both in- and outdoor activities. There will be two blocks (morning/afternoon) of activity, almost every day – which make it possible for every participant to try all the activities in the program.

**Mandatory program for seniors:** The participants need to follow the program (and not to drop in and out) – just like in the competitions/championships. Local people or others (who is not registered) cannot participate in the program – just like it's not possible to join the championships.

**There are scheduled one day without activities.** Use this day for tourist purposes or to visit some of the competitions and championships.

The final program for the WSG2023 is ready and we can already reveal all the activities that will take place in Cervia 2023. There might be some changes before we reach the WSG2023, but we hope this will be the program and that you find it so interesting that you will join us in Cervia 2023

### **Activities for “Sport for all – senior 55+” – WSG 2023, Cervia, Italy**

- **Walking football (DAI)**

Soccer as you know it – but the rules are adapted so everybody can participate. You are not allowed to run under any circumstances and running will earn you a penalty. It's a very funny game, and it will for certain make all participants both breath or laugh.

- **Tabata Training – Conditioning exercise (ASKÖ)**

Tabata training is a high intensity interval training (HIIT) program that generally last about 4-6 minutes. The conditioning program consists of working out at a middle or high level for 20-30 seconds and resting for 10 seconds. Eight of these activity & rest sets during the 4–6-minute workout. This program was developed by a Japanese professor, Dr. Izumi Tabata.

- **Memory game, Chair relay and more funny games**

FGST (France) have published a book with a collection of 55 funny seniors games:

<https://www.editions-sportpopulaire.org/product-page/des-jeux-et-des-activit%C3%A9s-sportives-pour-les-seniors>

The purpose of the games is to affirm that seniors will do sport more easily if it's fun.

During our activity time, we will present two or more games. You must be fast, clever and build a strong teamwork with people from all over the world.

- **Crosstraining for Seniors (ASKÖ)**

We start in the middle(center) and do one exercise, then we go in front and do one or two exercises (by two one with left and one with right side) next we go side to side (left and right), and the last exercises we do it on the backside (also left and right) then we go to the center and the next Block starts. One

exercise is 60 sec and 10 sec breaks. One Block is ~ 8 minutes and every block is different (strength, balance power,..)

- **Basketball for Seniors (DAI)**

The game is customized so elderly people can participate in the activities. You will learn and experience basketball during a lot of training exercises. Everybody can take part even though you have never played basketball before. We will take you through the game step-by-step and after training we will have a small intercultural tournament with mixed teams. It is going to be fun!

- **New Games - cooperative games without competition**

The 'New Games' are a mix of cooperative and noncompetitive games. They can be played by children, adults but also by third age people. The goal of the New Games is the cooperation and the loss of the elements of competition, the main element is working together. Very important are also the participation of all the members of the group, no exclusion, acceptance of all, creativity, and having fun.

Further information: CSIT Vice President Palle Thomsen, e-mail: [thomsen@csit.tv](mailto:thomsen@csit.tv)

## **Timetable “Sport for all – senior 55+” – WSG 2023, Cervia, Italy**

### **September 5<sup>th</sup> 2023**

Arrival all participants

### **September 6<sup>th</sup> 2023**

**10.00 am – 12.00 am** News of the day and warm-up

Activity 1: Walking Football

Activity 2: Tabata Training

**4.00 pm – 6.00 pm** Activity 1: Tabata Training

Activity 2: Walking Football

**8.00 pm -** Opening ceremony

### **September 7<sup>th</sup> 2023**

**10.00 am – 12.00 am** News of the day and warm-up

Activity 1: Memory game, Chair relay and more funny games

Activity 2: Cross Training

**4.00 pm – 6.00 pm** Activity 1: Cross Training

Activity 2: Memory game, Chair relay and more funny games

### **September 8<sup>th</sup> 2023**

There are no scheduled activities on this day. Please use this day for tourist purposes or visit some of the other sport events/championships at the WSG2023

### **September 9<sup>th</sup> 2023**

**10.00 am – 12.00 am** News of the day and warm-up

Activity 1: New Games for Seniors

Activity 2: Basketball for Seniors

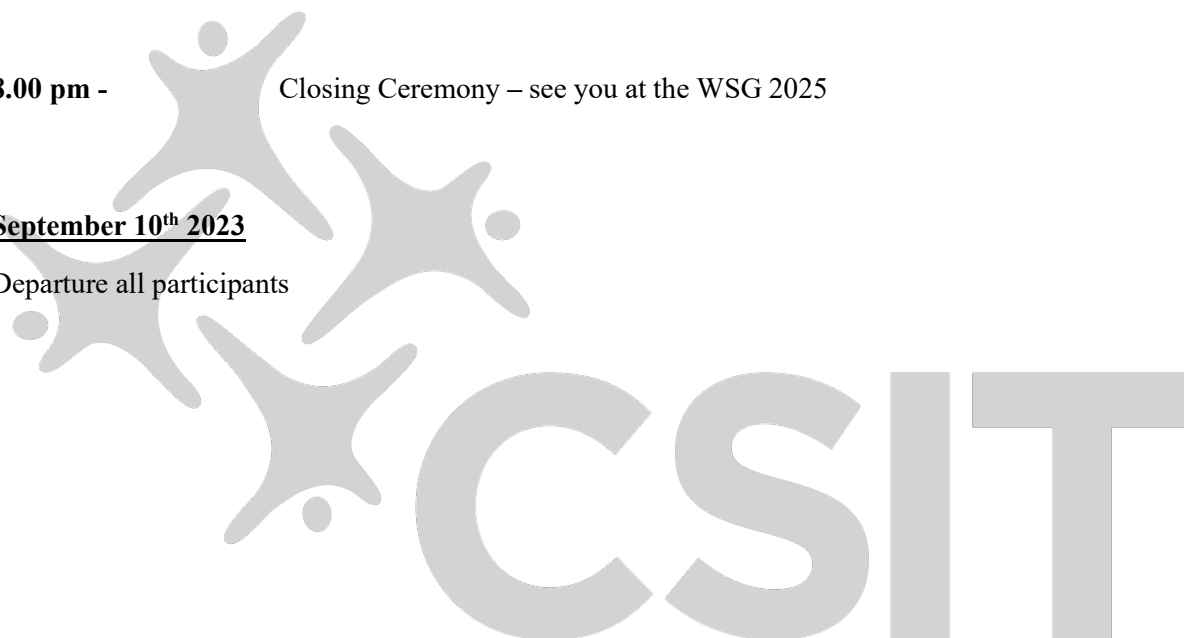
**4.00 pm – 6.00 pm** Activity 1: Basketball for Seniors

Activity 2: New Games for Seniors

**8.00 pm -** Closing Ceremony – see you at the WSG 2025

### **September 10<sup>th</sup> 2023**

Departure all participants



## **Annex 3: CSIT New & Demonstrative Sports**

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We want to provide our participants young, fancy, but also new sports.

The schedule will include:

- **Hand to Hand Combat**
- **Judo Kata**
- **Beach Mamanet**
- **Green Volleyball**
- **Bagherone Volleyball**

### **PARASPORT SPECIAL PROGRAM!**

The program will be staged as demonstrations and at promotional levels, exploiting the idea of integrated sport, specifically in some disciplines in this way:

- **Futsal:** 4 disabled and one able-bodied
- **Basketball:** 3 disabled and two able-bodied
- **Volleyball:** 5 disabled and one able-bodied

**Swimming and Table-Tennis:** for swimming, the proposal is to organize a national meeting with our athletes about 10-12 C21 boys (with down syndrome) who operate at a competitive level, with some demonstration competitions.

The main idea is to unite athletes with intellectual disabilities with able-bodied athletes belonging to the CSIT or AICS for integrated team sport.

**For further demonstrative games  
come and have a try!**

Further & current information at: <https://2023.csit-world-sports-games.com/>

Registration can be done either on-line, at your arrival in Cervia or simply join in spontaneously on location any time: the weekly program per sport can be found finally on the official WSG 2023 Webpage and in the WSG 2023 APP before the start of the World Sports Games in due time.

### **Important Note:**

*Please take note that these kinds of sports are with reservations, depending on the registration and interest!*

## **Annex 4: Fair Play and Panathlon**

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### **CSIT WSG Fair Play Policy**

Fair Play is very important to CSIT. It reflects the real spirit of sports and is actually close to the aims of CSIT.

At the WSG 2023 will be CSIT Fair Play – activities, which are implemented more detailed in the CSIT championships regulations of each sport.

Besides the “Green Card” – visible in competitions and games – the Fair Play subject will also be visual and promoted at hotels, sports venues, websites and brochures.

Finally Fair Play will get full attention at the closing ceremony, where teams – male and female athletes – with the highest Fair Play – coefficient will be awarded solemnly by cooperation partner EFPM – European Fair Play Movement

### **What is Fair Play?**

Fair play is a complex concept that comprises and embodies a number of fundamental values that are not only integral to sport, but relevant in everyday life.

By implementing Fair Play – philosophy into CSIT World Sports Games and other championships, CSIT strives to more:

- fair competitions
- respect
- friendship
- team spirit
- equal opportunities
- fair access
- sports without doping and drugs
- respect for written and unwritten rules, such as
  - integrity
  - solidarity
  - tolerance
  - care
  - excellence
  - joy

This philosophy of Fair Play can be learnt and experienced on and off the sports area.

The long version of the CSIT Fair Play Policy can be found at Services in the Download-Center at Sports Regulations on [www.csit.sport](http://www.csit.sport).

## **The Panathlon-CSIT WSG Award!**

Starting with the Edition of WSG2023 a new Award will be staged: that is the *Panathlon-CSIT WSG Award*, in collaboration with our Cooperation Partner PI - Panathlon International. One of the objectives of the award is to encourage, coordinate and promote development of the sporting ideal and of its moral and cultural values, in all the countries where CSIT is established. The Award gives all CSIT Member Unions from the various Countries a chance to nominate candidates who have distinguished themselves in upholding the ethical and cultural values of sport. By awarding this prize, the organizers wish to acknowledge, reward and celebrate those who have honored and advocated such fundamental principles through their example and their actions. The Award is the apex of all the nominations received from CSIT Member Unions, since all of them promote and celebrate sport.

### **Core pillars of Panathlon-CSIT WSG Award**

**Who?** Whoever, within CSIT member Countries, distinguishes himself/herself for the qualities described in the preamble and is nominated by CSIT Member Unions may run for the Panathlon Prize.

**Unique value and identity** – The Prize will consist of a trophy awarded on account of initiatives or actions undertaken over the two previous CSIT World Sports Games calendar years or in recognition of one's lifetime achievement.

**When?** – The prize will be awarded every two years during the CSIT World Sports Games.

### **Prize categories**

Nominees may be any natural persons aged over or under 18, without distinction.

### **Nominations, submission period and deadlines**

First phase: submission of nominees by CSI Member Unions. The nominations for the prizes shall be submitted by CIST General Secretariat Member Unions to Panathlon International using a specific form. The nominations for the prizes shall be submitted by CSIT General Secretariat to PI not later than the end of January of the year when the CSIT World Sports Games are held.

>> **For 2023, this deadline will be extended until the end of March.**

The Prize will be awarded subject to a minimum of six nominations having been submitted.

### **Second phase: shortlisting by the Jury**

During the second phase, selection criteria will be applied to shortlist the nominations; this phase will be conducted by a Jury consisting of Panathlon International's Board Members.

### **Selection process**

#### **Review and audit**

Nominations will be collected by CSIT and sent to Panathlon International's Secretariat - Via Aurelia Ponente 1 – 16035 Rapallo (GE, Italy) – [info@panathlon.net](mailto:info@panathlon.net) – within the established deadlines

#### **Selection of the finalist**

- PI Board's decision will be final.
- All the hospitality expenses of the Award Winner will be borne by Panathlon International.

## **Annex 5: CSIT Anti-Doping Policy - WADA Rules & Standards**

### **CSIT Anti - Doping Policy with Appendices**

CSIT is a signatory of the World Anti-Doping Code. CSIT will implement an Anti-Doping program for the CSIT World Sports Games organized under the rules and in compliance with the Standards approved by the World Anti-Doping Agency (WADA).

Every participant to the WSG is obliged to sign the “CSIT - APPENDIX 2 – Consent Form” (next page) before arrival in Cervia or at the reception / registration desk. Upon arrival these signed forms must be handed over en bloc by the head of delegation at the Accreditation Center.

The appendix can be also downloaded in the **CSIT Anti – Doping Corner**.

During the World Sports Games athletes might be tested. CSIT will determine the number of Athletes to be tested in accordance with the CSIT Anti-Doping Rules. The coach of the athlete is requested to accompany the athlete during the doping test. Athletes have to identify themselves by showing their ID card or passport.

Competent Doping Control Officers will perform the anti-doping test.

Samples collected will be sent for analysis to WADA accredited laboratories.

For all information regarding the WADA compliant “CSIT Anti - Doping Policy”, visit the website of CSIT.

**CSIT Anti – Doping Corner** on <https://www.csit.sport/services/download-centre>

### **Therapeutic Use Exemptions (TUE)**

CSIT advises athletes to notice the necessity of a Therapeutic Use Exemptions (TUE). If you have already a Therapeutic Use Exemption, please inform CSIT. If you do not have a Therapeutic Use Exemption please contact CSIT at [sportsdirector@csit.tv](mailto:sportsdirector@csit.tv). The general rules related to TUEs are as follow:

- What?** As an athlete, you may have an illness or condition that requires a particular medication. If this medication appears on the Prohibited List, you may be granted a Therapeutic Use Exemption (TUE), which gives you permission to take it.
- Why?** TUEs ensure that you are able to obtain treatment for a legitimate medical condition even if that treatment requires a prohibited substance or method.  
The TUE process avoids the risk of sanctions due to a positive test.
- Who?** Any athlete who may be subject to doping control must request a TUE before taking a prohibited medication. All information in this request remains strictly confidential.
- When?** An application must be made **at least 30 days** before taking part in an event.  
In exceptional cases or true emergencies, a TUE may be approved retroactively.





## **APPENDIX 2 Athlete Consent Form – Anti-Doping Policy**

As a member of ..... (Union) and as a participant in the CSIT World Sports Games authorized and recognized by Major Event Organizer International Workers and Amateurs in Sports Confederation (“CSIT”), I hereby declare as follows:

1. I acknowledge that I am bound by, and confirm that I shall comply with, all of the provisions of the CSIT Anti-Doping Rules (as amended from time to time), the World Anti-Doping Code (the “Code”) and the International Standards issued by the World Anti-Doping Agency (“WADA”), as amended from time to time, and published on WADA’s website.
2. I acknowledge the authority of CSIT under the CSIT Anti-Doping Rules to enforce, to manage results under, and to impose sanctions in accordance with the CSIT Anti-Doping Rules.
3. I acknowledge and agree that any dispute arising out of a decision made pursuant to the CSIT Anti-Doping Rules, after exhaustion of the process expressly provided for in the CSIT Anti-Doping Rules, may be appealed exclusively as provided in the CSIT Anti-Doping Rules to an appellate body, which in the case of International-Level Athletes is the Court of Arbitration for Sport (CAS).
4. I acknowledge and agree that the decisions of the appellate body referenced above shall be final and enforceable, and that I will not bring any claim, arbitration, lawsuit or litigation in any other court or tribunal.
5. I understand that:
  - a. my data, such as my name, contact information, birthdate, gender, sport nationality, voluntary medical information, and information derived from my testing sample will be collected and used by CSIT and WADA for anti-doping purposes;
  - b. WADA-accredited laboratories will use the anti-doping administration and management system (“ADAMS”) to process my laboratory test results for the sole purpose of anti-doping, but shall only have access to de-identified, key-coded data that will not disclose my identity;
  - c. I may have certain rights in relation to my Doping Control-related data under applicable laws and under WADA’s International Standard for the Protection of Privacy and Personal Information (ISPPPI), including rights to access, rectification, restriction, opposition and deletion, and remedies with respect to any unlawful processing of my data, and I may also have a right to lodge a complaint with a national regulator responsible for data protection in my country;
  - d. if I object to the processing of my Doping Control-related data or withdraw my consent, it still may be necessary for my CSIT and/or WADA to continue to process (including retain) certain parts of my Doping Control-related data to fulfill obligations and responsibilities arising under the Code, International Standards or national anti-doping laws notwithstanding my request; including for the purpose of investigations or proceedings related to a possible anti-doping rule violations; or to establish, exercise or defend against legal claims involving me, WADA and/or an Anti-Doping Organization.
  - e. preventing the processing, including disclosure, of my Doping Control-related data may prevent me, WADA or Anti-Doping Organizations from complying with the Code and relevant WADA International Standards, which could have consequences for me, such as an anti-doping rule violation, under the Code;
  - f. to the extent that I have any concerns about the processing of my Doping Control-related data I may consult with the CSIT ([sportsdirector@csit.tv](mailto:sportsdirector@csit.tv)) and/or WADA ([privacy@wada-ama.org](mailto:privacy@wada-ama.org)), as appropriate.

6. I understand and agree to the possible creation of my profile in ADAMS, which is hosted by WADA on servers based in Canada, and/or any other authorized National Anti-Doping Organization's similar system for the sharing of information, and to the entry of my Doping Control, whereabouts, Therapeutic Use Exemptions, Athlete Biological Passport, and sanction-related data in such systems for the purposes of anti-doping and as described above. I understand that if I am found to have committed an anti-doping rule violation and receive a sanction as a result, that the respective sanctions, my name, sport, Prohibited Substance or Method, and/or tribunal decision, may be publicly disclosed by CSIT in accordance with the Code. I understand that my information will be retained for the duration as indicated in the ISPPPI.
  
7. I understand and agree that my information may be shared with competent Anti-Doping Organizations and public authorities as required for anti-doping purposes. I understand and agree that persons or parties receiving my information may be located outside the country where I reside, including in Switzerland and Canada, and that in some other countries data protection and privacy laws may not be equivalent to those in my own country. I understand that these entities may rely on and be subject to national anti-doping laws that override my consent or other applicable laws that may require information to be disclosed to local courts, law enforcement, or other public authorities. I can obtain more information on national anti-doping laws from my International Federation or National Anti-Doping Agency.

I have read and understand the present declaration.

CSIT Sport

Country

Name of the Union

Date

Print Name (Last name, First name)

Date of birth  
(Day/Month/Year)

Signature  
(or, if a minor, signature of legal guardian)

## Annex 6: The Fédération Internationale de Chiropratique du Sport (FICS)



FEDERATION INTERNATIONALE  
DE CHIROPATRIQUE DU SPORT

[www.fics-sport.org](http://www.fics-sport.org)



FEDERATION INTERNATIONALE  
DE CHIROPATRIQUE DU SPORT

FICS (Federation Internationale de Chiropratique du Sport) is the world governing body of sports chiropractic and the professional organization through which sports chiropractic care is coordinated and provided to athletes, staff and volunteers during the CSIT World Sport Games. Under an agreement with CSIT, FICS will provide sports chiropractic services before, during and after training and competition to assist accredited person to perform at their best. These services will be available on an equal basis to all athletes at the CSIT World Sport Games as an integral part of the overall sports medicine services.

The FICS was founded in 1987 and is made up of 39 Nation's Sports Councils and 11 Educational Institutions. FICS has been an associate member of the General Association of International Sports Federations (GAISF / SportAccord) for over 20 years and is a member of the International Council on Sport Science and Physical Education (ICSSPE).

Members of the FICS organization are proud to offer complementary sport chiropractic care to all competitors, coaches and judges during these games. Our services involve a treatment protocol which will include a consultation of the patient's chief complaint/area of concern, a focused examination, manipulative therapy, soft tissue, flexibility and taping techniques to assist the athlete perform at his best at this competition. Sport chiropractic care offers a proactive, safe, and drug-free approach to recovery and performance.

Our Doctors are highly qualified having a Bachelor's degree or higher prior to completing the four-year program leading to the doctor of chiropractic degree within a national university system. Additionally they specialize in advanced post-graduate Sports Chiropractic levels of sports specific training. Of the 90 countries recognizing Chiropractic; each has their own designations signifying advanced educational credentials for Sports Chiropractic. To standardize the variation in education all member of FICS team are also credentialed through the International Sports Science Diploma (ICSSD) to ensure a standard of care and equality between National certifications.

Prior to selection for International events candidates must have been in practice for a minimum of 5 years and logged experience as a Team Doctor at local, national and/or international levels of competition. Each must carry a current physician level certification in CPR/First Aid and must carry malpractice insurance where they practice.

Most of our members have additional degrees, diplomas and certifications associated with the care and treatment of athletes in addition to their Sports Chiropractic certifications. They can also be Medical and Osteopathic doctors, have PhD's and Master's degrees in Sport Science, Rehabilitation and Biomechanics, are Certified Athletic Trainers, Strength and Conditioning Specialists, Physical Therapists, Emergency Medical Technicians, Acupuncturists and Massage Therapists.

We look forward to participating with you in making the World Sports Games one of the best in history. The members of the FICS team invite you to find out how we can proactively improve your athletic experience and anxiously look forward to working with you!

Sincerely,

**Dr. Timothy Ray**  
Chair, FICS Games Commission



## Annex 7: Accommodation Information (Hotels & Hostels)

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### Accommodation categories:

- 2 Stars
- 3 Stars
- 4 Stars
- 5 stars: upon request
- Sports Hostels: **available only for athletes registered for Gymnastics Championships!**

- Please point your particular needs or preferences on the booking form (online platform).

### Important Remarks: Packages and Registration

1. *Please take note, that you are only registered for the CSIT World Sports Games (incl. full board accommodation, fees, services and much more!), if you have booked the package **CATEGORY A or B** acc. to Annex 8.*
2. *If the ALL-IN Packages **CATEGORY A & B** are not used, only fees in the amount of 120 euros shall be paid (acc. to **CATEGORY C**). That is the case when you take your own accommodation, therefore book package **CATEGORY C** in order to be registered for the WSG. Local public transport in Cervia, Cesena, Cesenatico and Riccione, registration fee, welcome package and free chiropractic services by FICS are included.*
3. *If you are a citizen of the region Emilia-Romagna (**Local**) and you do not need services like accommodation food, transfer from/to airport/railway station, public transport, therefore book package **CATEGORY L** in order to be registered for the WSG. Registration fee, welcome package and free chiropractic services by FICS are included.*

## **Annex 8: Financial Conditions**

### **• PACKAGES**

The package prices of category A & B include full board accommodation, local public transport in Cervia, Cesena, Cesenatico and Riccione, registration fees, welcome package and free chiropractic services by FICS (Annex 6) **per person**.

### **• AIRPORT SHUTTLE**

Airport shuttle will cost additionally **50 euros** per person.

### **• PACKAGE: CATEGORY A**

CSIT member unions (full, associate, candidate) and accompanying persons

	<b>Hotels 2 stars</b>	<b>Hotels 3 stars</b>	<b>Hotels 4 stars</b>	<b>Hotel 5 stars</b>
<b>Double room</b>	409 euro	463 euro	548 euro	Upon request
<b>Single room</b>	514 euro	568 euro	628 euro	Upon request
<b>Triple room</b>	404 euro	448 euro	543 euro	Upon request
<b>Quadruple room</b>	394 euro	438 euro	533 euro	Upon request

<b>Only for Gymnastics</b>	
<b>*Standard Sports Hostel</b>	<b>** Superior Sports Hostels</b>
373 euro	408 euro

\*Sports guesthouse well furnished with room bathroom and restaurant

\*\* tv and air condition

There is a great variety of options. There are rooms for 4, but for teams it is possible to ask also for more people in the same room, depending on the needs.

### **• PACKAGE: CATEGORY B**

CSIT applicant organizations, companies, externals, other organizations and accompanying persons

	<b>Hotels 2 stars</b>	<b>Hotels 3 stars</b>	<b>Hotels 4 stars</b>	<b>Hotel 5 stars</b>
<b>Double room</b>	519 euro	573 euro	658 euro	Upon request
<b>Single room</b>	624 euro	678 euro	738 euro	Upon request
<b>Triple room</b>	514 euro	558 euro	653 euro	Upon request
<b>Quadruple room</b>	504 euro	548 euro	643 euro	Upon request

<b>Only for Gymnastics</b>	
<b>*Standard Sports Hostel</b>	<b>** Superior Sports Hostels</b>
483 euro	518 euro

\*Sports guesthouse well furnished with room bathroom and restaurant

\*\* tv and air condition

- **EXTRA DAYS - RATES:** noted at the very beginning of the invitation!
- **CITY – TAX (HOTEL):** noted at the very beginning!
- **KIDS & CHILDREN – SPECIAL OFFERS:** noted at the very beginning!

• **CATEGORY C: Participation only**

Participants who do not use package category A or B pay **120 euros fee** (Local public transport in Cervia, Cesena, Cesenatico and Riccione, registration fee, welcome package and free chiropractic services by FICS included).

• **CATEGORY L: Participation for local people of the region Emilia-Romagna**

Local Participants who do not use package category A or B pay **80 euros fee** (Registration fee, welcome package and free chiropractic services by FICS included).



## Annex 9: Payment Processes

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- Deadline for submitting PRELIMINARY REGISTRATION (on-line):  
**Payment** of approx. 50% of the total sum: **until May 26<sup>th</sup>, 2023**
- Deadline for submitting DEFINITIVE REGISTRATION (on line):  
**Payment** of the remaining sum: **until June 30<sup>th</sup>, 2023**

### **Important Note:**

- *All registrations received after **May 26<sup>th</sup>, 2023** will immediately fall into the Definitive Registration procedure, requiring all needed data and the final payment (100%).*
- *Please take note that in case of **delayed payments a penalty fee of 30%** will be charged directly, which will be then automatically displayed in the online registration systems.*
- *Only those participants are officially / finally registered, who have transferred **ALL payments!***
- *Payments in cash upon arrival cannot be accepted!*

### **PAYMENT MODE**

**In the Online Registration Platform (Annex 11) please select the payment mode you prefer** (two alternative ways, credit card or bank transfer), and **checkout**.

1. If you have selected the **credit card** mode, you will enter a secure area, where you can complete the payment.
2. If you have selected the **bank transfer** mode, you will be provided with all necessary data to complete the payment by your own.

**You will receive a confirmation of the purchased order!**

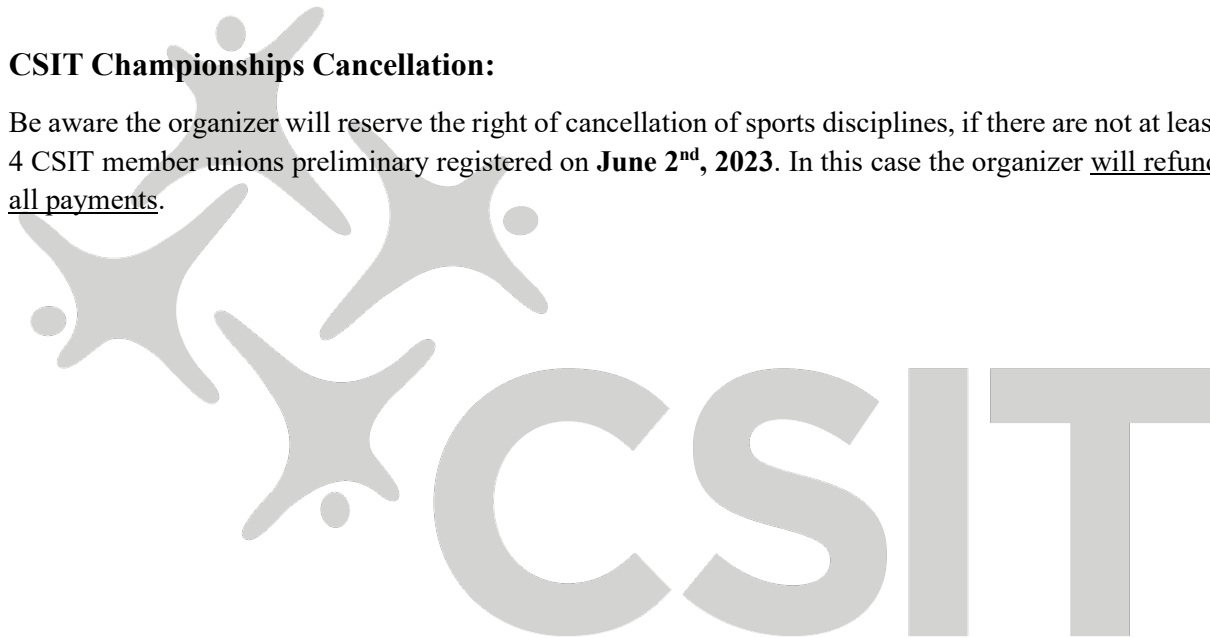
## **Annex 10: Cancellation Policy**

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- In order to be officially registered all registration payments have to be transferred to the organizer until the definitive registration deadline on **June 30<sup>th</sup>, 2023**.
- In case of cancellation by a registered participant **until June 30<sup>th</sup>, 2023**, the organizer will refund all payments (100%).
- Cancellation **between July 1<sup>st</sup> and July 15<sup>th</sup>, 2023**, the organizer will refund 50% of the total sum.
- Last minute cancellation **between July 16<sup>th</sup> and July 24<sup>th</sup>, 2023**, the organizer will refund 25% of the total sum.
- **After July 24<sup>th</sup> 2023** no refund will be conducted.

### **CSIT Championships Cancellation:**

Be aware the organizer will reserve the right of cancellation of sports disciplines, if there are not at least 4 CSIT member unions preliminary registered on **June 2<sup>nd</sup>, 2023**. In this case the organizer will refund all payments.





## **Annex 11: Online Platform – Registration**

*Due to logistic and security reasons, every participant of the CSIT World Sports Games must be registered via the WSG online registration platform.*

### **From January 15<sup>th</sup>, 2023 the CSIT WSG2023 – Registration Process starts up!**

To warrant an effective registration, CSIT in coordination with member union AICS – Associazione Italiana Cultura e Sport provides the on-line registration platform SportCARE, which will guide and support you to fulfill the procedure.

By clicking on the related banner provided on the official **WSG2023–Website** linked to the CSIT Home Page ([www.csit.sport](http://www.csit.sport)), the user enters the WSG2023 official platform, where the preliminary registration procedure has already been set.

The registration consists of 2 phases: (1) the Preliminary online registration and (2) the Definitive online registration.

### **PHASE 1 - Preliminary Online Registration**

- **If you are a CSIT UNION (Cat. A):** at the registration start up all your information will be already uploaded and you will receive username and password to access to the registration procedure.
- **If you not a CSIT member (Cat. B):** you have to register your data clicking on the “SIGN UP TODAY” button on the homepage of the platform and, once your registration will be approved by the organizing committee EMILIOC, you receive (via e-mail) a confirmation and you will be able to use the username and password selected during the registration procedure.

After having received your access credentials you can login on the platform. Now you can access to the « Preliminary Online Registration » Form:

#### **FOR CSIT OFFICIAL SPORTS CHAMPIONSHIP**

- **STEP 1 (SUBSCRIPTIONS):** fill in the form with the number of participants (male, female and officials) at the event, per sport discipline, and accompanying people.
- **STEP 2 (PURCHASES):** choose your package (category A, B or C), the hotel category, type of rooms and transfer.

#### **FOR CSIT PARTNERS CHAMPIONSHIP**

The organizing committee EMILIOC will direct you to the link of the registration area of the PARTNER to register acc. to the WSG2023 packages conditions

A cart will be created: it will be unique and modifiable in the future, as follows:

- **by May 26<sup>th</sup>, 2023 the latest:** the Payment of 50% of the total sum will be calculated according to the last version of the Cart. Sending your payment, Your Order will be created.
- **by June 30<sup>th</sup>, 2023 the latest:** You can still modify the Preliminary Order to get to the «Definitive Order» on which the remaining sum (100%) will be calculated (“ORDERS&PAYMENTS” button, to modify an existing order).

#### **Important Notes:**

- *All registrations received after **May 26<sup>th</sup>, 2023** will immediately fall into the Definitive Registration procedure, requiring all needed data and the final payment (100%).*
- *In order to be finally and officially registered, ALL registration payments have to be transferred to the organizer until the definitive registration deadline **June 30<sup>th</sup>, 2023**.*

## **PHASE 2 - Definitive Online Registration**

- **STEP 1:** From **May 27<sup>th</sup>, 2023** you can proceed with the definitive registration – logging in to the platform and clicking on the “DELEGATION LIST” button on dashboard, to upload all the information requested for each participant.

It will be very important also that **each federation gives its participants the personal voucher**, so that they can log in on the mobile app and **ADD PERSONAL PHOTOS**, which will then be used to print the badge, taking it directly with the mobile device (see also ANNEX 12).

- **STEP 2:** by **June 30<sup>th</sup>, 2023** the latest (as above mentioned), you will have the opportunity to complete the TEAM registration (individual and group teams), both by specifying all the needed data for the event accreditation and by finalizing the payment for the residual amount, as specified by the definitive registration rules.

Further information related with this phase will be specifically provided some days before the start of the definitive registration phase!

For any support requests about the registration process and technical issues on the registration:

E-Mail: [roberto.vecchione@aics.it](mailto:roberto.vecchione@aics.it)

### **Important Note: Medical Certificate**

*During this phase the head of the delegation will have to declare that all the registered athletes have medical certificates of fitness for the competitive sports they will be performing and that the said certificates will be valid for the dates of the event. The certificate may be requested in case of health problems of the athlete, which may have emerged during the event, due to health or insurance requirements related to the discipline practiced.*

## **Annex 12: Online Platform – Accreditation & WSG 2023–APP**

*Due to logistic and security reasons, every participant of the CSIT World Sports Games must be registered via the WSG online registration platform.*

### **New opportunities for participants (Badge – QR-Code Technology)**

The WSG2023 online platform has been specifically customized to support the governance and the accessibility of CSIT World Sports Games 2023.

CSIT WSG2023, focus both on the promotion and participation in physical activities and sports, are addressed to amateur athletes, their families and friends from all over the world, so to compete in various sport disciplines. That is why the social platform will run before, during and after the WSG2023, in order to improve the experience of the WSG2023 both for participants and for those who are simply interested in the events and in the related results.

This “accessible” revolution is based on two main pillars:

1. the “**Personal WSG2023 Pass**” (**Accreditation Badge**), which will represent a unique gate of access to the platform features based on the QR-Code technology;
2. the **WSG2023 APP**.

#### **IMPORTANT:**

- The **Official Mobile APP** will be **available** from **January 15<sup>th</sup>, 2023** and it will be possible only to sign in as **audience**.
- **From May 27<sup>th</sup>, 2023 on**, at the beginning of the definitive registration, it will be possible to sign in also as a **participant**, using the personal QR-Code showed on the accreditation voucher.
- Personal vouchers will be available on each federation dashboard (“**DELEGATION LIST**” button), participants’ data is uploaded.

#### **PERSONAL PHOTOS:**

Due to security reasons it is very important that **each federation gives its participants the personal voucher**, so that they can log in on the mobile app and **ADD PERSONAL PHOTOS**, which will then be used to print the badge, taking it directly with the mobile device.

Each **personal accreditation badge** will contain a **QR-Code** (abbreviation of Quick Response Code) which will give the opportunity to “authenticate” each participant by a simple smart-phone (or something similar, as a tablet) and provide her/him several specifically customized services.

Each participant as well will have the opportunity to **download an APP**, login with personal username and password, and:

- **enter** facilities and dedicated areas,
- **attend** events and special/side events,
- **be recognized** during the competitions and sport demonstrations,
- **gather relevant information** about the events (competitions results, timetable) and the physical areas (maps, agenda).

Each of the athletes will also have the opportunity to use the APP in order to:

- check their **competition results**,
- check **general results and ranking**,
- check the **timetable** of their competitions,
- **verify the location of the competition areas**, using the events map.

Some other features envisaged specifically for referees and officials are:

- upload the **competitions results**,
- upload the **technical competitions account**,
- check the **athletes' identification and profile**,
- check the **program and the timetable** of the assigned competitions,
- check the **Technical Commissions meeting program and timetable**.

**Important Note:**

*Please take note, that this essential information (results, timetable, program, meetings etc.) will be available on the **WSG2023 – APP**, on the **WSG2023 – Website**, in the **Games Centers (info)** and via **situation-related special agreements** with you directly by the responsible Technical Sports Commission or Championships-Manager on location at the sports facilities.*

***For that reason, please always double check the information sources!***

*In case of different data, please contact directly your responsible specialists of the Technical Sports Commission or Championships-Managers.*

General contact: E-mail: [roberto.vecchione@aics.it](mailto:roberto.vecchione@aics.it)  
[wsg2023@aics.it](mailto:wsg2023@aics.it)

