



International Workers & Amateurs in Sports Confederation

Confédération Sportive Internationale Travailleuse &
Amateur

Technical Commission Aerobics

English Version

CSIT

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PREAMBULE

- This regulation refers to CSIT Championships and Technical Commissions' general regulations adopted at the latest CSIT Congress. It cannot derogate from these regulations.
- CSIT organises amateur championships and has Fair Play as one of its most important aims. CSIT Championships are strictly open for amateur sportsmen. To participate in CSIT Championships the defined eligibility criteria per sport must be respected
- All activities of the CSIT, including its championships are open to the members of the CSIT Unions, observer members Unions and members of the international Confederations which CSIT has signed cooperation agreements according to CSIT general regulations: COPADET (American Continent) / BAWA (Balkan region) and ALSO (Central Africa); also non CSIT members, partners, governmental bodies, trade unions and companies can participate in the CSIT Championships.
- CSIT Championships are organised under the principal of a Zero Tolerance Policy. Not playing for political, religious or discriminatory reason will lead to an immediately exclusion of the team/athlete.
- CSIT Championships are under the regulations of WADA. It is possible athletes can be invited for doping test. More information can be found in the CSIT anti-doping policy which can be downloaded at the CSIT website: <http://www.csit.tv/en/news-service/download-area>
- CSIT Sporting activities (championships, training, tournaments, rallies, etc.) are organised under the responsibility of Technical Commissions by sport. If there is a problem not provided in the regulations, the TC will apply the **WKF** regulations.
- CSIT Championships and Technical Commissions' general regulations and sports regulations can be downloaded from the download area of the CSIT website: <http://www.csit.tv/en/news-service/download-area>



1. AEROBIC GYMNASTICS CHAMPIONSHIPS

1-1 AGE GROUPS

During the CSIT World Sport Games the age groups and categories are as follows:

Age groups categories

Category	Age
Kids	11 year and younger
Kadets	12-14 year
Juniors	15-17 year
Seniors	18 +

Categories

Category	Gender
IM Individual man	1 male competitor
IW Individual women	1 female competitor
MP Mixed pair	1 male / 1 female competitors
TR Trios	3 competitors (males / females / mixed)
GR Groups	5 competitors (males / females / mixed)

Standard program

Day 1:	Arrival of delegations Accreditations
Day 2:	Judger instructions Briefing - Technical Commission meeting
Day 3:	Qualifications
Day 4:	Finals

1-2 ORGANISATION / REGULATIONS

1-3 COMPETITION FORMAT

The competition consists of a Qualification round and a Final round per each category (IM / IW / MP / TR / GR) in all Age Groups. Competitors will perform one routine only in each of the rounds. Gymnasts will be allowed to compete in maximum 3 categories and no more.



A CSIT Championship is an official Championships when the minimum requirements of participation are respected. (see TC & Championships General Regulation – Chapter 4 under B)

2. PARTICIPATION CONDITIONS

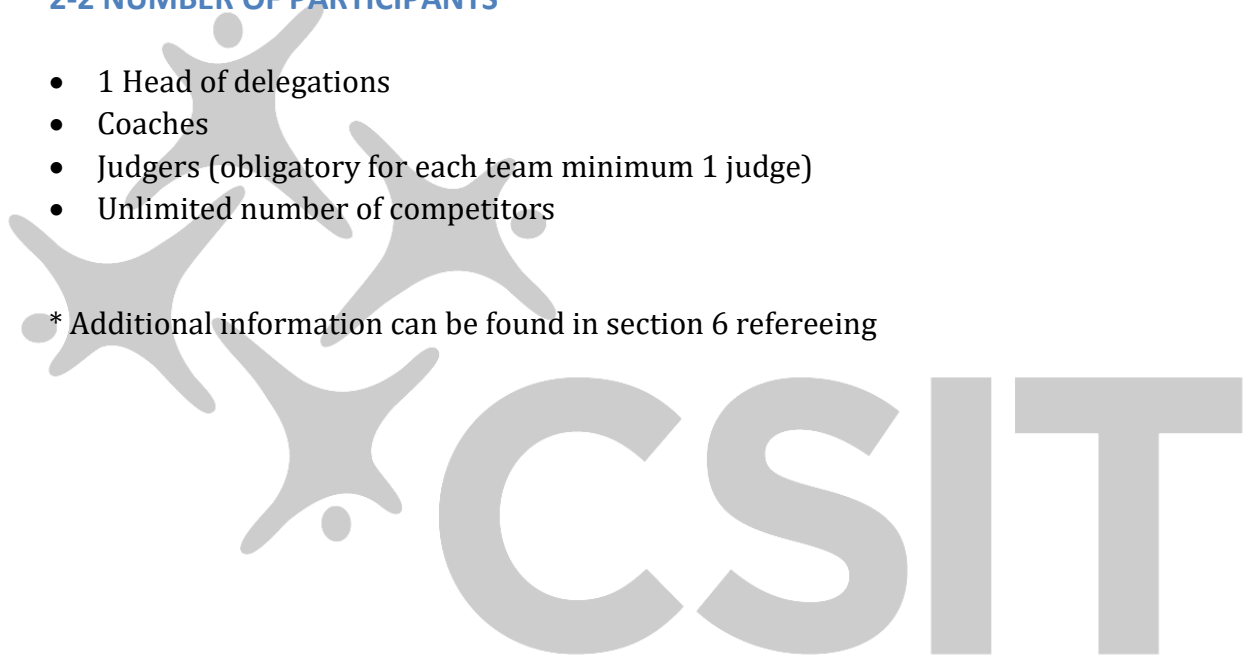
2-1 PARTICIPATING TEAMS

More than one team per gender per Union can participate.

2-2 NUMBER OF PARTICIPANTS

- 1 Head of delegations
- Coaches
- Judges (obligatory for each team minimum 1 judge)
- Unlimited number of competitors

* Additional information can be found in section 6 refereeing





2-3 ELIGIBILITY CRITERIA

Athletes placed (from 2 year before the CSIT competition) in the Top 50 of the World Ranking (FIG) in Kadets, Juniors, Seniors categories cannot participate in CSIT Aerobic Gymnastics Championships.

Reference date is 30 days before the CSIT championship.

3. FAIR PLAY

CSIT championships are organised according the principals of Fair Play.

During CSIT Championships athletes, persons and teams can be awarded for acts of Fair Play. Fair Play regulations can be found in the CSIT Technical Commissions and Championships General Regulations edition 2016 and later, Chapter 5.

4. REGISTRATION / FUNDING

4-1 REGISTRATION DELAY

- Provisional registration: at least four (4) months before the championship starts.
- Final registration: at least two (2) months before the championship starts.
- Final registration must include the list of all delegation members (first name - last name - birth date - gender - function)

4-2 COVERING CHARGES

- Unions pay for all travelling cost to the city where the championship is organised (round way)
- The organizer Union shall take charge of the following issues:



- Transportation of delegations from the airport or train station to the hotel on the day of arrival and departure
- Local transportation during the stay depending on the program (between hotels and sport facilities in particular)
- Full board accommodation (e.g. double room, breakfast, 2 meals a day)
- Every participant Union shall pay a registration fee as determined at the latest CSIT Congress to the organising Union for each member of the delegation.
- By the time of issuing of the provisional application forms, the organizer Union can collect an advance payment of 50% of the total amount to be paid by the participating Union, the remaining amount being paid at the time of the permanent registration or on the day of arrival, final deadline.

4-3 CANCELLATION POLICY

- CSIT has a cancellation policy. This cancellation policy covers the payments at preliminary and final registration and the refund payments by cancellation of a participating party or by the host of the championship.
- The article in detail can be found in Chapter 4. under I of the Technical Commissions and Championships General Regulations.

5. ORGANISATION / PREPARATION

5-1 ORGANISING COMMITTEE

The organising committee by the host is in charge of the preparation and organisation of the championship. The CSIT Technical Commission and a representative of the organising committee are in charge of the management of the championship during its duration. See Chapter 4 under E of the Technical Commissions and Championships General Regulations.

5-2 INVITATIONS

The organising committee sends championships invitations to every CSIT Union (and partners), company sports organisations and guests etc. at least nine (9) months before the start of the championship. Invitations must include this information:

- Participation;
- Sporting activities, social and cultural program;



- Judges needed;
- Boarding facilities;
- Arrival and departure accommodations;
- If possible, general program.

Detailed information can be found in Chapter 4 under D of the Technical Commissions and Championships General Regulations.

5-3 PREPARATION

Depending on the situation and with the CSIT Sports Director's authorization, a member of the Technical Commission (chairman or secretary) can visit the location where the championship is organised, at least three (3) months before it starts, to settle with the organising Union planning and preparation of the championship. Travelling expense can be covered under certain conditions by the funds awarded to the **Aerobics gymnastics** Technical Commission by the CSIT.

5-4 REPORT

Within seven (7) days after the Championships the secretary of the Technical Commission will send the results of the Championship to the Sports Director and office of CSIT. No later than one (1) month after the end of the championship, the Technical Commission secretary must send a report about the championships and all the sport results plus the minutes of the TC meetings to the members of the Technical Commission, to the Unions, to the Sports Director and to the office of CSIT.

6. JUDGING

The engagements are arbitrated according to the rules of arbitration of the WKF in application during the sporting season in progress.

Only referees with at least a valid national licenses can arbitrate in the competition in order to ensure a quality refereeing, smooth running of the competition and safety of the competitors.

All referees have to attend a Referee Briefing which will be organized before the competition.

Minimum 16 Judges (if it is only one Judges Panel) is required. For a good progress of the competition is needed 2 Judges Panels.



Judgers Panel: 3 Artistic, 3 Execution, 2 Difficulty Judges, 2 Line Judges, Superior Jury, Chair of Judges, Time Judger, President, 2 Members.

Where to insert rules? Separately?

COMPETITION FLOOR AND COMPETITION AREA The competition floor must be no less 12m x12m. It must have a clearly marked competition area of 7m x 7m and 10m x 10m. The marking tape must be black and of 5 cm width. This black tape is included within the measurements of the competition area.

Until here

The referees are registered by the Unions. Each Union should provide 2-4 referees. Unions who do not apply this rule must pay the organiser Union an amount specified in CSIT regulations to cover substitute referees' fees. The organizing union should bring enough referees to ensure required minimum number of referees, depending on a number of competition areas (tatamis).

Referees must be official referees of their own Union with national or international WKF license. If necessary, a Union can contact referees from its country National Karate Federation.

7. APPEAL COMMITTEE

- The Appeal Committee is composed of:
 - The CSIT Technical Commission's chairman
 - The CSIT Technical Commission's secretary
 - A person among the participating Unions. Such member shall not participate in the appeals in which his own Union would be involved.



- An appeal committee is appointed for every championship in agreement with WKF regulations.
- Appeals for technical reasons must be brought to the attention on the appeal committee no later than one minute after the end of bout and then the coach has 4 minutes to fill out the form, providing all the necessary information.

Detailed information can be found in Chapter 4 under L of the Technical Commissions and Championships General Regulations.

8. AWARDS

The individual participants (in all categories) will be awarded as follows with medals : gold for the first place, silver for the second place and bronze for both third places.

In case of team competition the first three (3) teams will be awarded a cup and a medal for each team member: gold for the first place, silver for the second place, bronze for both third places.

A participation certificate and a medal will also be provided for the referees

Detailed information can be found in Chapter 4 under M of the Technical Commissions and Championships General Regulations.

Additionally, athletes, persons and teams can be awarded for acts of Fair Play, as stated in section 3.

9. TECHNICAL COMMISSION MEETINGS

- The Technical Commission chairman or secretary is in charge of convening a meeting of the commission before and at the end of the championship. A summon containing the date and agenda will be sent to all Unions at least three (3) months ahead of schedule. The chairman, the secretary, Unions representatives, heads of delegation participate. Referees, coaches of participant Unions, members of the organising committee are invited.
- A preparation and information meeting is organised before the championships under the responsibility of the chairman (and/or Technical Committee secretary and head of the organising committee from the organising Union) to inform all delegations of the planning of the



championship, to appoint referees to matches, to bring clarifications to regulations if necessary ... to make the event a success.

- The purpose of the meeting after the championships is to evaluate the championship, to proceed with the modifications of the present regulations if necessary, to prepare future events (planning of next championships) and elections, to take into account the reports on the CSIT congress.
- Once every 4 years (the year of the CSIT electing congress), the chairman and the secretary of the Technical Commission are elected during the last meeting before the congress. The chairman or secretary must send with the convocation to the meeting a call for candidatures for both functions (at least three (3) months before the meeting). The election follows championship and Technical Committee general regulations

