



International Workers & Amateurs in Sports Confederation

Confédération Sportive Internationale Travailleuse & Amateur

Technical Commission/ Commission Technique Swimming

English Version / Version Anglaise

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PREAMBULE

- This regulation refers to CSIT Championships and Technical Commissions' general regulations adopted at the latest CSIT Congress. It cannot derogate from these regulations.
- CSIT organises amateur championships and has Fair Play as one of its most important aims. CSIT Championships are strictly open for amateur sportsmen. To participate in CSIT Championships the defined eligibility criteria per sport must be respected
- All activities of the CSIT, including its championships are open to the members of the CSIT Unions, observer members Unions and members of the international Confederations which CSIT has signed cooperation agreements according to CSIT general regulations: COPADET (American Continent) / BAWS (Balkan region) and ALSO (Central Africa); also non CSIT members, partners, governmental bodies, trade unions and companies can participate in the CSIT Championships.
- CSIT Championships are organised under the principal of a Zero Tolerance Policy. Not playing for political, religious or discriminatory reason will lead to an immediately exclusion of the team/athlete.
- CSIT Championships are under the regulations of WADA. It is possible athletes can be invited for doping test. More information can be found in the CSIT anti-doping policy which can be downloaded at the CSIT website: <http://www.csit.tv/en/news-service/download-area>
- CSIT Sporting activities (championships, training, tournaments, rallies, etc.) are organised under the responsibility of Technical Commissions by sport. If there is a problem not provided in the regulations, the TC will apply the International Swimming Federation (**World Aquatics**) rules.
- CSIT Championships and Technical Commissions' general regulations and sports regulations can be downloaded from the download area of the CSIT website: <http://www.csit.tv/en/news-service/download-area>



1. SWIMMING AND MASTERS CHAMPIONSHIPS

1-1 PERIODICITY / AGE GROUPS

CSIT Swimming Championships, **Men** and **Women**, take place:

- In even years: the Swimming championships (regular)
- In odd years: the **Masters** championships
- During the CSIT World Sports Games both championships will be held together

The CSIT Regular Swimming championships will be divided into next age categories the years in between the WSG:

- 10 and 11 years old (individual only 50m and 100m distances and relay)
- 12 and 13 years old (individual only 50m, 100m and 200m distances and relay)
- 14 and 15 years old (individual and relay)
- 16 and 17 years old (individual and relay)
- 18 to 24 years old (individual)
- 25 years and older (individual)
- 18 years and older (relay)

The CSIT Regular Swimming championships will be divided into next age categories during the WSG (individual and relay):

- 10 and 11 years old (individual only 50m and 100m distances)
- 12 and 13 years old (individual only 50m and 100m distances)
- 14 and 15 years old
- 16 and 17 years old
- 18 years and older

The date of reference is December, 31st of the year the Swimming championships of the CSIT will take place.

The CSIT **Masters** championships will be divided into the following age categories:

- 25 to 29 years old
- 30 to 34 years old
- and so on with 5-year-steps.

The date of reference is December, 31st of the year the Masters championships of the CSIT will take place.

Athletes participating in the Master Championship cannot participate in the regular Championship and on the contrary.

Swimming Championship relays should be held in several age groups as declared in chapter 1.1.



Younger swimmers are allowed to start in older age categories per relay, but they can only start in one single age category per one-day part. The Relay will be counted in the age category of the eldest swimmer.

Masters relays will start with the following rules:

The age of the members of the relay will be added and the summary is the age of the relay.

Age categories are:

- 100 – 119
- 120 – 159
- 160 – 199
- 200 – 239
- 240 – 279
- 280 – 319
- 320 and older.

Masters Relay will be counted in the age category which includes the summary of the age of the members from the relay.

Unions have only to register the numbers of relays according the registration points. The definitely relay (members) must be provided to the organizer one day before the start of the relay competition.

The program of the Swimming regular and Masters Championships of the CSIT is being held in five half-day periods in the following order:

Half-day Nr.1:

Training session (minimum of 2 hours)

Half-day Nr.2:

- 200 m medley
- 50 m breaststroke
- 100 m free style
- 4 x 100 m medleyrelay
- 4 x 50 m medley (Master)



Half-day Nr 3:

- 200 m butterfly
- 400 m freestyle
- 50 m backstroke
- 100 m breaststroke
- 4 x 50 m medley
- 4 x 50 m medley (Masters mixed)

Half-day Nr 4:

- 200 m backstroke
- 100 m butterfly
- 50 m freestyle
- 200 m breaststroke
- 4 x 100 m freestyle
- 4 x 50 m freestyle (Masters)

Half-day Nr 5:

- 200 m freestyle
- 50 m butterfly
- 100 m backstroke
- 4 x 50 m freestyle
- 4 x 50 m freestyle (Masters mixed)

The Technical Commission prefers to swim the program in at least 4 days

1-2 ORGANISATION / REGULATIONS

- The Organizing Committee is responsible for the preparation and course of the event and stay. They must particularly pay attention to accommodation and catering, also local transportation and the selection of the swimming pool.
- During the Championships there is 1 manager responsible and this manager has no operational tasks. The manager is from the start until finish of the Championships present.
- To use team- and meetmanager for registration and to use for the list of results. The organizer must have 2 persons which are able to work with team- and meet manger.
- Organizing Union should know how to use and know the regulations to reduce the possibility of errors during the event.
- In order for the Swimming and Masters Championships to proceed smoothly, there must be a swimming pool, which is described in chapter 1-3.



- Regarding the number of acting people (volunteers, judges, etc.) required to hold the championships in good conditions, the Organizing Committee will take into account the **World Aquatics** regulations. If necessary the Technical Commission Swimming will decide on exceptions. The Technical Meeting will designate participants in the meeting of the Committee of Appeal.
- The Organizing Committee will set up the time schedule of the competition (starting time and schedule of events) after approval from the Chairman and the Technical Secretary of Technical Commission Swimming. This schedule will be strictly respected.
- In case a cultural program, besides to the championships, have been prepared and arranged by the Organising Committee, such program must not interfere with the course of the competition. Indeed, CSIT Championships remains the most important aspect of the organisation.
- For Swimming championships (Youth championships) there is no preference to be held in June (examine-time).

1-3 SWIMMING POOL

- Length: 50 m Indoor pool (preferred for all competitions)
- 50 m Outdoor pool (if 50 m Indoor pool is not available)
- 25 m Indoor pool (if 50 m. outdoor pool is not available)
- 25 m Outdoor pool (if 25 m. indoor pool is not available)

Breadth:	Minimum 15,5 meters (6 lanes with 2,5 m each and additional 2 lanes with 0,25 m each).
Depth:	Minimum 1,60 m (1,80 m preferred) throughout the entire pool.
Lanes:	Minimum of 6 and maximum of 10 (8 lanes preferred) The breadth of the lanes is 2,5 m. There are no hindrances (steps etc.) allowed, if they extend into lane.
Manifestation for backstroke:	A rope with flags must bent 5 m before the turn-wall and the finishing-wall.
Temperature:	Minimum 24°C; (26°C preferred). Maximum 28°C.
Chronometry:	Electronic chronometry with backup-time and additional hand timing. An electronic scoreboard which shows all times of a heat.

2. PARTICIPATION CONDITIONS

2-1 PARTICIPATING TEAMS

There are no limitations regarding the global number of participants per Union.



There are no limitations regarding the number of participants per Union, per competition and per age category (except for relays).

Each Union can register two teams for each relay race per category.

A competitor is allowed to start only in one relay category.

2-2 POSITIONING AND HEATS

The allocation of places of departure in series and lanes are determined according to the performances announced when registered, in accordance with the **World Aquatics** rules.

2-3 ELIGIBILITY CRITERIA

Eligibility for participating in CSIT championships: Competitors aged 14 and older with a better ranking of step 17 in the “**RUDOLPH-Tabelle**” in any competition are not permitted to take part in the championships. The actually “**RUDOLPH-Tabelle**” will be provided as an appendix to invitations of championships.

Masters swimmers which have participated in Olympic Games, in open World Championships or in Continental championships during the past 4 years are not allowed to take part in Masters championships.

3. FAIR PLAY

CSIT championships are organised according the principals of Fair Play. During CSIT Championships athletes, persons and teams can be awarded for acts of Fair Play. Fair Play regulations can be found in the CSIT Technical Commissions and Championships General Regulations edition 2016 and later, Chapter 6.

4. REGISTRATION / FUNDING

4-1 REGISTRATION DELAY

- Provisional registration: at least four (4) months before the championship starts.
- Final registration: at least two (2) months before the championship starts.
- Final registration must include the list of all delegation members (first name - last name – date of birth date - gender – function –entry time) Every competitor must provide evidence about his/her year of birth. (passport etc.)



- The organizing committee must publish the provisional entry list 2 weeks before the event at the homepage of CSIT. After publishing the entry list it is not allowed to do any changes/additions. If there are any mistakes in the entry list, done by the organiser, these mistakes can be corrected during the first technical meeting. Every union must check their entries with the entry list.

4-2 COVERING CHARGES

- Unions pay for all travelling cost to the city where the championship is organised (round way).
- The organizer Union shall take charge of the following issues:
 - Transportation of delegations from the airport or train station to the hotel on the day of arrival and departure
 - Local transportation during the stay depending on the program (between hotels and sport facilities in particular)
 - Full board accommodation (e.g. double room, breakfast, 2 meals a day)
- Every participating Union shall pay a registration fee as determined at the latest CSIT Congress to the organising Union for each member of the delegation.

4-3 CANCELLATION POLICY

- CSIT has a cancellation policy. This cancellation policy covers the payments at preliminary and final registration and the refund payments by cancellation of a participating party or by the host of the championship.
- The article in detail can be found in Chapter 4. under J of the Technical Commissions and Championships General Regulations.

5. ORGANISATION / PREPARATION

5-1 ORGANISING COMMITTEE

- The organising committee by the host is in charge of the preparation and organisation of the championship. The CSIT Technical Commission and a representative of the organising committee are in charge of the management of the championship during its duration. See Chapter 4 under F of the Technical Commissions and Championships General Regulations.



5-2 INVITATIONS

The organising committee sends championships invitations to every CSIT Union (and partners), company sports organisations and guests etc. at least nine (9) months

before the start of the championship. Invitations must include this information:

- Participation;
- Sporting activities, social and cultural program;
- Referees needed;
- Boarding facilities;
- Arrival and departure accommodations;
- If possible, general program.

Detailed information can be found in Chapter 4 under E of the Technical Commissions and Championships General Regulations.

5-3 PREPARATION

Depending on the situation and with the CSIT Sports Director's authorization, a member of the Technical Commission (chairman or secretary) can visit the location where the championship is organised, at least three (3) months before it starts, to settle with the organising Union planning and preparation of the championship. Travelling expense can be covered under certain conditions by the funds awarded to the Swimming Technical Commission by the CSIT.

5-4 REPORT

Within seven (7) days after the Championships the secretary of the Technical Commission will send the results of the Swimming Championship to the Sports Director and office of CSIT. No later than one (1) month after the end of the championship, the Technical Commission secretary must send a report about the championships and all the sport results plus the minutes of the TC meetings to the members of the Swimming Technical Commission, to the Unions, to the Sports Director and to the office of CSIT.

6. REFEREEING

All referees and officials will be arranged by the host

A Committee of Appeal will be set up at both CSIT Swimming and Masters Championships, the day before the competitions during the meeting of the heads of delegations or delegates of participating unions.

This Committee of Appeal consists of an odd number of members and led by the Chairman or the technical Secretary of the Technical Commission Swimming.

The Committee of Appeal will decide first of all, on the validity of the sports facilities



and verify that regulations have been completely followed by the Organizing Committee. The Committee of Appeal verifies the composition of the jury of competitions and monitors its working throughout the entire duration of the championships.

In principle, no claim or appeal on a decision taken by the jury of competitions regarding mistakes, classification or decision/evaluation will be allowed. Decisions taken by the jury or competitions on these matters are final.

Other claims will be accepted by the Committee of Appeal only if they are submitted in writing way and by the Union's official representative. They must be accompanied by a deposit of € 20,-. If the claim deemed valid, this sum will be reimbursed. If not, it will remain for the benefit of the Organizing Committee.

The Jury of Competitions must consist at minimum of following judges:

- 1 Head judge (**World Aquatics** approved)
- 1 Starter
- 1 Head of Timer
- 1 Timer per Lane
- 1 Placing judge
- 1 Turn judge per 2 lanes
- 1 Swimming judge
- 1 False start judge (also controlling the 15 m diving) done by the swimming judge
- 1 Speaker
- 1 Recording Secretary

The Technical Commission decides of the refereeing conditions according the discipline needs based on **World Aquatics** regulations.

Referees must be official referees of their own union on national or international level. If necessary a union can contact referees from its country National Federation or from the **World Aquatics**.

7. COMMITTEE OF APPEAL

The Committee of Appeal is composed of:

- The CSIT Technical Commission's chairman
- The CSIT Technical Commission's secretary
- A person among the participating Unions. Such member shall not participate in the appeals in which his own Union would be involved.

A Committee of Appeal is appointed for every championship in agreement with **World Aquatics** regulations.



- Appeals for technical reasons must be brought to the attention on the Committee of Appeal no later than half an hour after the incident, providing all the necessary information.

Detailed information can be found in Chapter 5 under D of the Technical Commissions and Championships General Regulations.

8. AWARDS

The first three (3) teams will be awarded a cup and medals: gold for first place, silver for second place, bronze for third place.

Detailed information can be found in Chapter 5 under F of the Technical Commissions and Championships General Regulations.

Three classifications will be established at the end of the CSIT Championships for all series:

- a) Women or girls classification
- b) Men or boys classification
- c) Team prizes can be handed over by the Organizer*

Example: 1st place = 10 points, 2nd place = 8 points, 3rd place = 6 points, 4th place = 5 points, 5th place = 4 points, 6th place = 3 points, 7th place = 2 points, 8th 9th and 10th place = 1 point;

Per Union and age categories a maximum of 2 competitors can count points. In Relay competitions the points will be doubled.

9. TECHNICAL COMMISSION MEETINGS

- The Technical Commission chairman or secretary is in charge of convening a meeting of the commission before and at the end of the championship. A summon containing the date and agenda will be sent to all Unions at least three (3) months ahead of schedule. The chairman, the secretary, Unions representatives, heads of delegation participate. Referees, coaches of participant Unions, members of the organising committee are invited.
- A preparation and information meeting is organised before the championships under the responsibility of the chairman (and/or Technical Committee secretary and head of the Organising Committee from the organising Union) to inform all delegations of the planning of the championship, to appoint referees to matches, to bring clarifications to regulations if necessary to make the event to a success.



- The purpose of the meeting after the championships is to evaluate the championship, to proceed with the modifications of the present regulations if necessary, to prepare future events (planning of next championships) and elections, to take into account the reports on the CSIT congress.

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CSIT Swimming Championships 2024 regular swimmers

Eligibility Criteria Swimming

Eligibility for participating in CSIT championships: Competitors with a better ranking of step 17 in the “RUDOLPH-Tabelle” in any competition are not permitted to take part in the championships. The actually “RUDOLPH-Tabelle” will be provided as an appendix to the invitations of the championships.

Age group	50 fly	50 back	50 breast	50 free	100 fly	100 back	100 breast	100 free
14/15	0.27.70	0.29.69	0.32.78	0.26.14	1.01.56	1.03.76	1.11.18	0.56.65
Girls	200 fly	200 back	200 breast	200 free	200 I.M.	400 free		
	2.16.29	2.16.65	2.33.90	2.02.77	2.18.71	4.19.00		

Age group	50 fly	50 back	50 breast	50 free	100 fly	100 back	100 breast	100 free
16/17	0.27.25	0.29.18	0.32.41	0.25.88	1.00.60	1.02.67	1.10.44	0.56.24
Girls	200 fly	200 back	200 breast	200 free	200 I.M.	400 free		
	2.13.98	2.14.98	2.32.21	2.00.80	2.16.48	4.15.72		

Age group	50 fly	50 back	50 breast	50 free	100 fly	100 back	100 breast	100 free
18 elder	0.26.65	0.28.59	0.31.46	0.25.26	00.59.16	01.01.32	1.08.65	0.54.94
Girls	200 fly	200 back	200 breast	200 free	200 I.M.	400 free		
	2.11.09	2.11.95	2.27.68	1.59.09	2.14.92	4.10.38		

Age group	50 fly	50 back	50 breast	50 free	100 fly	100 back	100 breast	100 free
14/15	0.25.67	0.27.41	0.30.17	0.24.00	0.56.54	0.59.07	1.06.20	0.52.53
Boys	200 fly	200 back	200 breast	200 free	200 I.M.	400 free		
	2.07.04	2.08.47	2.24.73	1.54.71	2.09.16	4.05.19		

Age group	50 fly	50 back	50 breast	50 free	100 fly	100 back	100 breast	100 free
16/17	0.24.82	0.26.40	0.29.22	0.23.36	0.55.21	0.56.83	1.04.14	0.51.31
Boys	200 fly	200 back	200 breast	200 free	200 I.M.	400 free		
	2.02.69	2.04.40	2.18.33	1.52.18	2.06.22	3.58.47		

Age group	50 fly	50 back	50 breast	50 free	100 fly	100 back	100 breast	100 free
18 elder	0.23.35	0.25.27	0.27.73	0.22.47	0.52.61	0.54.62	1.00.82	0.49.22
Boys	200 fly	200 back	200 breast	200 free	200 I.M.	400 free		
	1.58.56	1.59.56	2.12.78	1.47.75	2.00.95	3.48.49		

Masters swimmers who have participated in the Olympic Games, Open World Championships or Continental Championships within the last 4 years are not eligible to participate in the CSIT Masters Swimming Championship.

Critères d'Éligibilité de la Natation, 2024

Les critères d'éligibilité pour participer aux championnats de natation de la CSIT : Les compétiteurs ayant un niveau supérieur que le niveau 17 de la "Tablette-RUDOLPH" dans n'importe quelle compétition ne sont pas autorisés à participer aux championnats. La "Tablette-RUDOLPH" sera fournie comme appendice des invitations aux championnats.

Groupe d'âge	50 papillon	50 dos	50 brasse	50 libre	100 papillon	100 dos	100 brasse	100 libre
14/15	0.27.70	0.29.69	0.32.78	0.26.14	1.01.56	1.03.76	1.11.18	0.56.65
Fille	200 papillon	200 dos	200 brasse	200 libre	200 4 nages ind.	400 libre		
	2.16.29	2.16.65	2.33.90	2.02.77	2.18.71	4.19.00		

Groupe d'âge	50 papillon	50 dos	50 brasse	50 libre	100 papillon	100 dos	100 brasse	100 libre
16/17	0.27.25	0.29.18	0.32.41	0.25.88	1.00.60	1.02.67	1.10.44	0.56.24
Fille	200 papillon	200 dos	200 brasse	200 libre	200 4 nages ind.	400 libre		
	2.13.98	2.14.98	2.32.21	2.00.80	2.16.48	4.15.72		

Groupe d'âge	50 papillon	50 dos	50 brasse	50 libre	100 papillon	100 dos	100 brasse	100 libre
18 et plus	0.26.65	0.28.59	0.31.46	0.25.26	00.59.16	01.01.32	1.08.65	0.54.94
Fille	200 papillon	200 dos	200 brasse	200 libre	200 4 nages ind.	400 libre		
	2.11.09	2.11.95	2.27.68	1.59.09	2.14.92	4.10.38		

Groupe d'âge	50 papillon	50 dos	50 brasse	50 libre	100 papillon	100 dos	100 brasse	100 libre
14/15	0.25.67	0.27.41	0.30.17	0.24.00	0.56.54	0.59.07	1.06.20	0.52.53
Garçons	200 papillon	200 dos	200 brasse	200 libre	200 4 nages ind.	400 libre		
	2.07.04	2.08.47	2.24.73	1.54.71	2.09.16	4.05.19		

Groupe d'âge	50 papillon	50 dos	50 brasse	50 libre	100 papillon	100 dos	100 brasse	100 libre
16/17	0.24.82	0.26.40	0.29.22	0.23.36	0.55.21	0.56.83	1.04.14	0.51.31
Garçons	200 papillon	200 dos	200 brasse	200 libre	200 4 nages ind.	400 libre		
	2.02.69	2.04.40	2.18.33	1.52.18	2.06.22	3.58.47		

Groupe d'âge	50 papillon	50 dos	50 brasse	50 libre	100 papillon	100 dos	100 brasse	100 libre
18 et plus	0.23.35	0.25.27	0.27.73	0.22.47	0.52.61	0.54.62	1.00.82	0.49.22
Garçons	200 papillon	200 dos	200 brasse	200 libre	200 4 nages ind.	400 libre		
	1.58.56	1.59.56	2.12.78	1.47.75	2.00.95	3.48.49		

Les nageurs Masters qui ont participé aux Jeux Olympiques, aux championnats du Monde open ou aux championnats continentaux dans les 4 dernières années ne sont pas autorisés à participer au championnat de natation Masters de la CSIT.